OPENING ACCESS TO WELLNESS:

Integrative Health for People Experiencing Homelessness

Deirdre Hoey, LCSW-C
Albert Miller
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VALUE OF INTEGRATIVE APPROACHES

• COMPLEMENTS EXISTING SERVICES
• IMPROVES CLINICAL OUTCOMES
• INCREASES COMMUNITY PARTNERSHIPS
• ELEVATES STAFF MORALE
OUR POVERTY POLICY PODCAST

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MARCH 18

Episode 4: Yoga

Join us to hear from three special guests on the connection between yoga, poverty, and policy.

Yogi Albert, Yoga instructor and advocate in Baltimore, MD. https://anchor.fm/albert-miller

Deirdre Hoey, LCSW-C, Therapist at Health Care for the Homeless in Baltimore, MD. www.hchmd.org

Barbara DiPietro, PhD, Senior Director of Policy at the National Health Care for the Homeless Council in Baltimore, MD. www.nhchc.org

Play
22 min
STEPS TO CONSIDER

1. Expand your own definition of health care
2. Invite community partnerships
3. Actively pitch opportunities (at every turn!)
4. Create safe spaces
5. Build a tribe of support