

NATIONAL
HEALTH CARE
for the
HOMELESS
COUNCIL

Medical Respite Care: Engaging Your Community

2018 National Health Care for the Homeless Conference &
Policy Symposium

Tuesday, May 15, 2018

Minneapolis, MN

Agenda

9:30	Panel 1
10:30	Break
10:45	Panel 2
11:45	Lunch
1:00	Standards & Resources
1:15	Policy Update
1:45	Large Group Discussion
2:30	Break
2:45	Small Group Discussions
3:45	Closing Remarks & Evaluation
4:00	Adjourn



Ice Breaker



RCPN Steering Committee

Slate of Nominees FY2018-2019

Rhonda Hauff, *Chair*

Randy Pinnelli, *Second Term*

Kim Despres, *Vice Chair*

Melissa Brown, *First Term*

Donna Biederman, *Second Term*

Joseph Funn, *First Term*

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Nuts & Bolts: 24hrs of Medical Respite Program Management

Panel Discussion 1

Medical Respite & Sobering Center

San Francisco, California

- 75 bed, free standing Respite program
- Funded by General Fund of San Francisco
- Licensed FQHC
- Admissions from 10 community hospitals as well as Shelter Health
- On site nursing, provider, social work, case management, PCA for Shelter Health clients



Convalescent Care Program

Baltimore, Maryland

- 25 bed, shelter based unit
- 12 hour a day, 7 day a week nursing
- On site behavioral health and case management services
- 12 hour a week medical provider visits
- Referrals from over 15 area hospitals
- Most clients are discharged to the general dorm in the shelter



Circle the City

Phoenix, Arizona

- 50 bed, free standing program
- 40 men/8 female/two isolation rooms
- Providers on staff 7 days/week
- Nurse 24/7
- Homeless hospice patients for end of life care
- Licensed FQHC
- On site physical therapy, psychiatry, substance abuse, case management with housing assistance
- Other services include patient activities, transpiration



Questions?

- If you have a question for the panel please write them down on the index card at your table and pass to Bethany.
- If you have a question that is very specific to your location and that may not be relevant to the larger group, it may be better to hold off and ask the panel individually during the Break.

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Why Medical Respite? A Payer's Perspective

Panel Discussion 2

Lunch Buddies



Quality | Access | Justice | Community | nhchc.org

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Nearby Restaurants

The Nicollet Diner: Eatery preparing breakfast staples, burgers, shakes, and sandwiches. (1428 Nicollet Ave)

Salsa a la Salsa: Mexican cantina with a laid-back vibe. (1420 Nicollet Ave)

Asian Taste: Casual, contemporary eatery with a sushi bar and standard Chinese food menu (1400 Nicollet Ave)

Eggy's Minneapolis: All-day breakfast and lunch diner with updated American comfort foods (120 W 14th St)

Lotus: Counter-order Vietnamese spot for rice/noodle dishes, pho and many veggie options. (113 W Grant St)

The Bulldog Downtown: Elevated pub fare. (1111 Hennepin Ave)

4 Bells: Lowcountry-inspired American fare. (1610 Harmon Place)

The News Room: American meals in a news-themed interior (990 Nicollet Mall)

Dave's Downtown: Family-owned comfort food restaurant (900 2nd Ave S #230)

Hell's Kitchen: American eatery with music and edgy decor. (80 S 9th Street)

Crave American Kitchen and Sushi Bar: American fare, sushi, and rooftop seating. (825 Hennepin Ave)

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Policy Update with Regina Reed

Large Group Discussion

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How Does Harm Reduction Fit in Medical Respite Care

Large Group Discussion

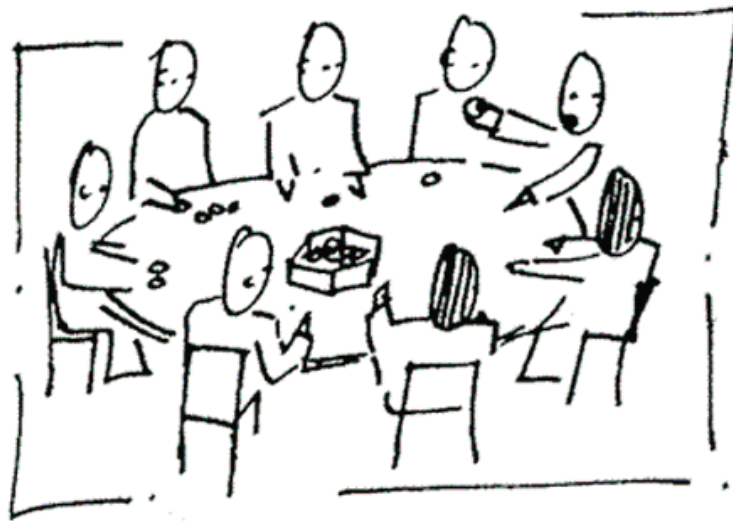


Table Topics

- 1 – Responding to Substance Use
- 2 – Safety & Security
- 3 – Developing Community Partners
- 4 – Housing
- 5 – Data Management & Sharing

- 6 – Financing Respite
- 7 – Scope of Clinical Practice
- 8 – Consumer Engagement
- 9 – Starting a Program
- 10 – Day-to-Day Operations

Standards for Medical Respite Care

1. Safe and quality accommodations
2. Environmental services
3. Safe care transitions into medical respite
4. High quality post-acute clinical care
5. Care coordination and wrap around services
6. Safe care transitions out of medical respite
7. Driven by quality improvement

Standards & Resources

- Each standard includes a list of criteria
- How do we show that we meet these criteria?

Standard 1: Medical respite program provides safe and quality accommodations

Medical respite programs provide patients with space to rest and perform activities of daily living (ADLs) while receiving care for acute illness and injuries. As such, the physical space of medical respite programs should be habitable and promote physical functioning, adequate hygiene, and personal safety.

Criteria:

1. A bed is available to each patient for 24 hours a day while admitted to the program.
2. Onsite showering and laundering facilities are available to patients to promote proper hygiene.
3. Clean linens are provided upon admission.
4. The medical respite facility is accessible to people who have mobility impairments and other physical disabilities.
5. The medical respite facility provides access to secured storage for personal belongings and medications (when the program is not authorized to store/dispense medication by applicable governing bodies).
6. Food services meet applicable public health department guidelines for food handling.
Note: If partnering with another organization to provide food services, the partnering organization agrees that they meet this criterion in a written formal agreement.
7. At least three meals per day are provided.
 - a. Non-congregate settings (including private and semi-private rooms in apartments or motels) may provide unprepared food if a fully equipped kitchen is available to the patient. If a kitchen is made available, it is safe and hygienic and includes proper refrigeration and disposal of trash.
 - b. Meals and unprepared food accommodate medical diets.
8. Medical respite programs located in congregate facilities maintain 24-hour staff presence. On-site staff (either clinical or non-clinical) is trained at minimum to provide first aid and basic life support services and communicate to outside emergency assistance.
9. Medical respite programs have 24-hour on-call medical support or a nurse call-line for non-emergency medical inquiries when clinical staff is not on site.
10. The organization has written policies and procedures for responding to life-threatening emergencies.
11. The medical respite program is compliant with local and/or state fire safety standards governing its facility.

Additional Resources

Current

- Medical Respite Toolkit
- Practical Planning Guide
- Development Workbook
- Medical Respite Standards
- Financing Medical Respite Policy Brief & Webinar

Upcoming

- Standards Resource Guide & Self Assessment
- 2018 Medical Respite Program Directory

Resources at this Conference

Wednesday, 10:00am – Expanding Medical Respite Services: Program Development & Implementation

Wednesday, 3:30pm – Development of an Integrated Vivitrol Group for Current and Former Medical respite Clients with a History of Alcohol Use Disorder

Thursday, 10:15am – Milieu Mastery at Medical Respite: Strategies to Maximize Patient Success

Thursday, 1:00pm – The Road to Meeting the National Medical Respite Standards

Michael Durham, Technical Assistance Manager

Save The Date!

2018 Medical
Respite
Training Symposium
Oct 1-2 | Phoenix, AZ





Julia Dobbins
jdobbins@nhchc.org



"If you exclude job performance, you're doing quite well."

Thank you!