

Resident Life Services

Daily Activities

Bed Rest

Policy: Interfaith House provides a structured daily schedule as part of the Resident Life program. The schedule includes educational, optional spiritual and daily activity opportunities. Residents can leave Interfaith House during scheduled hours each day. One weekday afternoon is designated Resident Free Time so staff can be available for weekly program meetings. In order to promote active participation in the scheduled activities, residents are not to return to their bed during the daytime schedule except during afternoon free time period or when they are on bedrest for medical reasons.

Procedure:

- Afternoon free time is from 12:30 to 3:00 p.m. on Monday, Tuesday, and Thursday; On Wednesday and Friday free time is from 12:30 to 5:00 p.m.
- Residents must be in bed by the scheduled time, but may go to bed early after the last scheduled evening activity.
- Exceptions to this policy when residents are on bed rest which is usually approved by the Health Services Department, Case Managers, and Managers for residents who are sick and by the Supervisor of Resident Life for residents who work during the night.
- Rounds are made hourly by the Resident life staff and any changes in the resident's condition is communicated in the log and to the health services and clinic staff.

Executive Director

Date