

Who's Hungry?

A discussion on improving food access
through programs and partnerships

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Icebreaker

Defining Food Insecurity

- “The state of being without reliable access to a sufficient quantity of affordable, nutritious food”
- Financial ability to obtain food
- Severity levels from the USDA

Your definition

A Conceptual Framework: Cycle of Food Insecurity & Chronic Disease



Adapted: Seligman HK, Schillinger D. N Engl J Med. 2010;363:6-9.

**Why talk about food insecurity?
What brought you to this session?**

Health Center Interventions

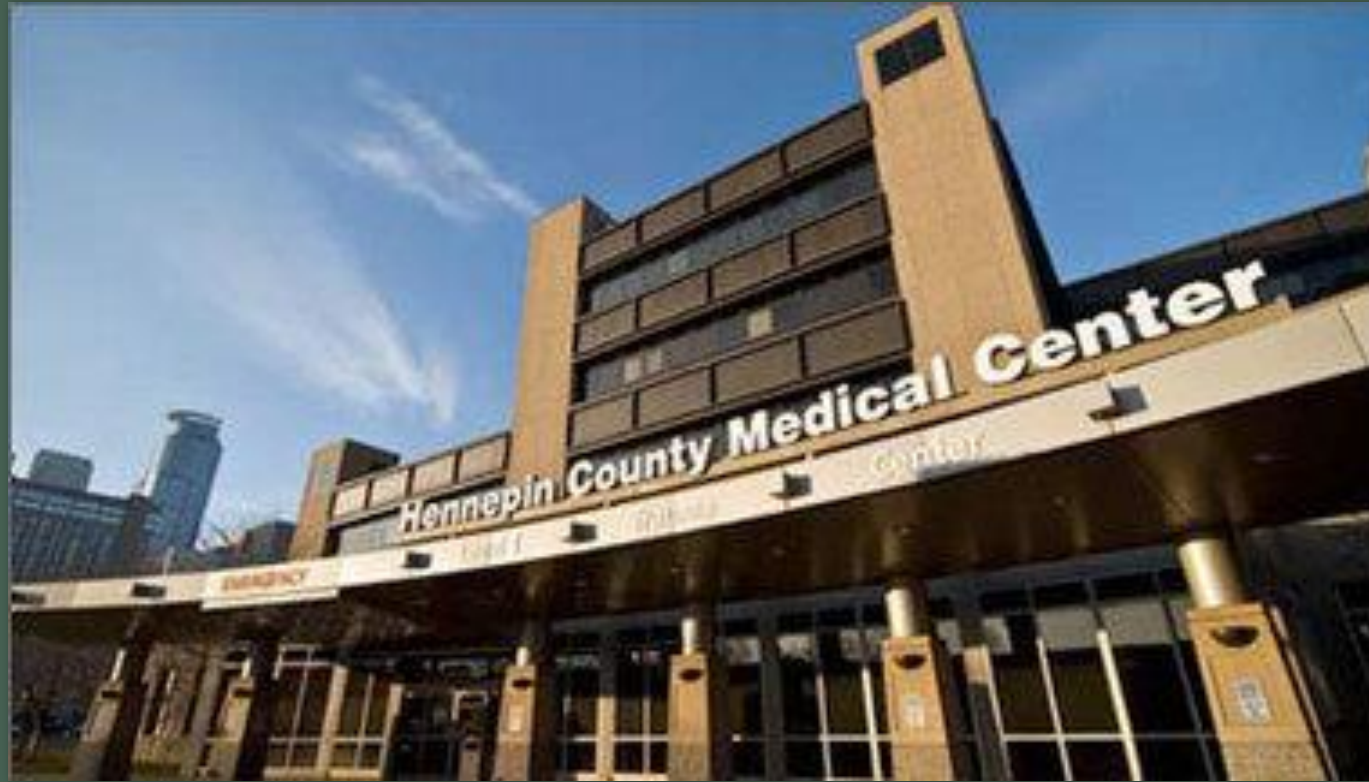
Common Practices

- Screening and coding
- On-site SNAP enrollment
- Referrals to community food safety net

Innovative Ideas

- Nutrition counseling
- On-site food distribution
- Food as prescriptions
- Shared storage and prep spaces

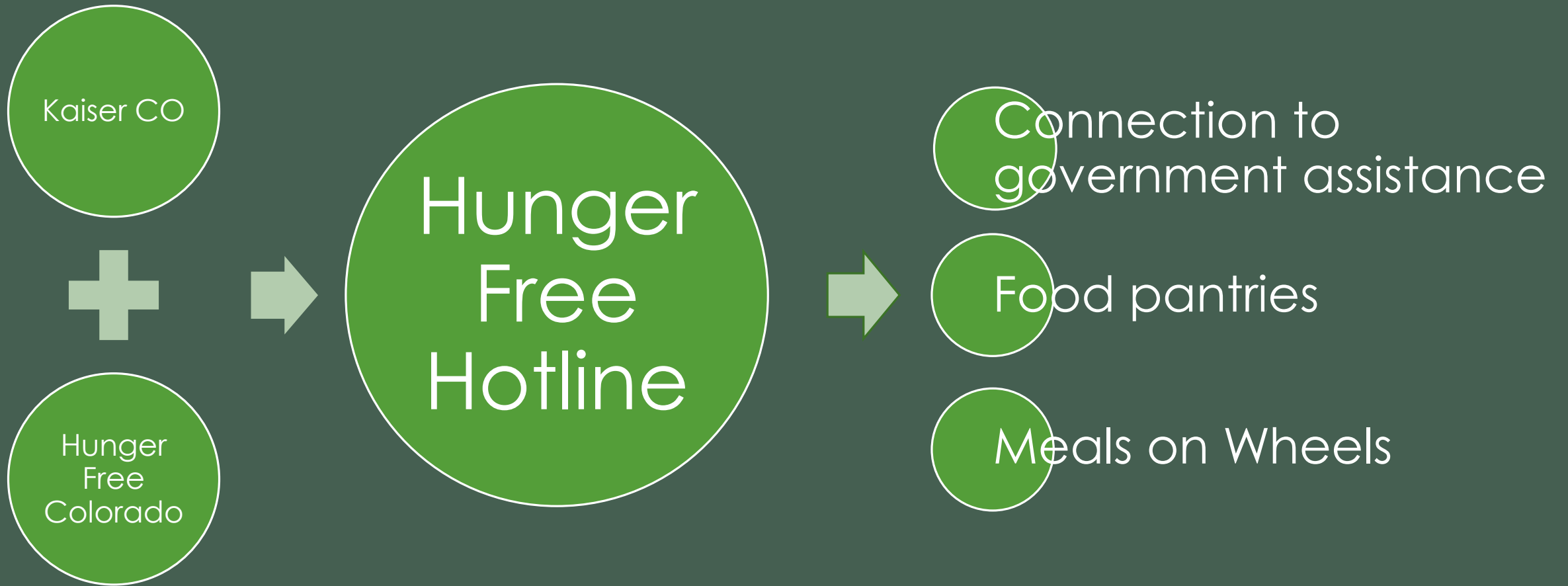
Hennepin County Medical Center



Community Interventions



Hunger Free Colorado Hotline





Bus Stop Farmers Market

If you cannot acquire a mobile unit, set up at high traffic bus stops.



LA Kitchen

Built partnerships with local restaurants and hotels to reclaim food, provides culinary training and healthy meals to shelter.



Little Free Pantry

Using the Little Free Library idea, this group stocked the pantry with shelf-stable grocery items.

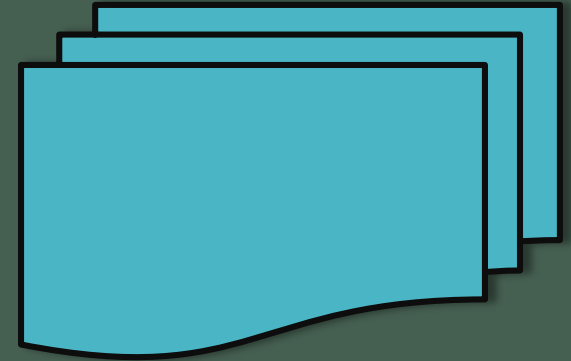
What Else?



Grants and Awards



Advocacy



Resources

In Conclusion



Local

Inclusive

Collaborative

Sustainable