

## Selected Online MI Resources

### MI Resources – MINT website

<http://www.motivationalinterviewing.org/motivational-interviewing-resources>

### MI Learning Activities

MI Training for New Trainers Manual 2014 (213 pages - allow extra time to download)

[http://www.motivationalinterviewing.org/sites/default/files/tnt\\_manual\\_2014\\_d10\\_20150205.pdf](http://www.motivationalinterviewing.org/sites/default/files/tnt_manual_2014_d10_20150205.pdf)

### Interactive MI iBook

Authors: Ken Kraybill, Jeff Olivet, Scott R. Petersen, Collin Whelley

<https://itunes.apple.com/us/book/changing-conversation-interactive-tool-to-build-motivational/id627539414?mt=11>

### Podcast: What is Motivational Interviewing

Jeff Olivet interviews Ken Kraybill (16 October 2015)

<http://us.thinkt3.com/podcast>

### MI Learning Clips

William Miller on MI (~ 2 min.) <https://www.youtube.com/watch?v=a0chqEXb43w>

William Miller and MI and Quantum Change (~ 1 hr 25 min – starts at around 8.5 minute mark) <https://www.youtube.com/watch?v=2yvuem-QYCo>

Intro to MI - Bill Matulich (~ 17 min)

<https://www.youtube.com/watch?v=s3MCJZ7OGRk>

Empathy: The Human Connection (~ 5 min)

[https://www.youtube.com/watch?v=cDDWvj\\_qo8](https://www.youtube.com/watch?v=cDDWvj_qo8)

Motivational Interviewing in Child Welfare Services (~ 39 min)

[http://ats.ucdavis.edu/ats-video/?kmid=0\\_pcc9au5x](http://ats.ucdavis.edu/ats-video/?kmid=0_pcc9au5x)

The Ineffective Dentist <https://www.youtube.com/watch?v=3xrEaFPbYC8> (~ 7 min)

The Effective Dentist [https://www.youtube.com/watch?v=f8QSA\\_5PEFM](https://www.youtube.com/watch?v=f8QSA_5PEFM) (~ 8 min)

The Ineffective Physician <https://www.youtube.com/watch?v=80XyNE89eCs> (~ 5 min)

The Effective Physician <https://www.youtube.com/watch?v=URiKA7CKtfc> (~ 7 min)

MI with Survivors of Intimate Partner Violence (scenarios 1, 2, 3)

Emmy's first encounter with an IPV counselor (~ 23 min)

<https://www.youtube.com/watch?v=P3JUXQ4kkHs>

Vanessa's second meeting with a hospital social worker (~ 16 min)

<https://www.youtube.com/watch?v=lrnkEQRUyJM>

Liv's fourth session with an IPV advocate (~ 18 min)

<https://www.youtube.com/watch?v=jxNBQKMW1wg>

MI in a Vocational Rehabilitation Setting

"William" videos feature two different VRC's and follow William from intake to the decision to move forward to build a VR plan for employment and the steps he commits to take to do so:

1. Building *engagement* during the intake process <https://youtu.be/Z0mSNm20ZWU>
2. Using *agenda mapping* to focus the conversation [https://youtu.be/b4xqR\\_gzVXo](https://youtu.be/b4xqR_gzVXo)
3. Conversation about values to demonstrate *sustained reflective listening* practice to deepen meaning <https://www.youtube.com/watch?v=0DAncPnGOiw>
4. *Roadmap for change* strategy <https://youtu.be/ZlEa6UPLufU>
5. *Change planning* conversation <https://www.youtube.com/watch?v=oZmvfMaEPK4>

"Mike" videos demonstrate a team intake and three picture card sort activities to generate information about his preferences, strengths, priorities, needs & concerns to contribute to a "comprehensive assessment" for development of a VR plan for employment. Mike experiences an intellectual and developmental disability.

1. Building *engagement* with a group during the intake process. Includes Mike, family member and advocate <https://youtu.be/RyT6I66jtbI>
2. Strengths Picture Card Sort <https://youtu.be/EfPTNZdWYE4>
3. Values Picture Card Sort <https://www.youtube.com/watch?v=miOEme0JL8o>
4. Roadblocks Picture Card Sort <https://youtu.be/R0JQVpmTWds>

MI for the Busy Clinician: Mr. Smith's Smoking Evolution

<https://www.youtube.com/watch?v=0z65EppMfHk> (~ 10 min)

Stop It – Bob Newhart (What MI is Not!)

<https://www.youtube.com/watch?v=n-Tej0297wk> (~ 6 min)