



While Recuperating

The staff is available to help you during your convalescence. We will do all we can to make your stay at Daily Planet Medical Respite pleasant and productive.

If you are willing to participate in our program please sign the:

REVIEW OF PROGRAM INFORMATION AND EXPECTATIONS SIGNATURE PAGE.



Program Information & Expectations

Program Overview for Clients

Evelyn Clay, Program Manager x318
Nadia Pitter, Case Manager x316
John Jenkins, House Coordinator x317

Medical Respite

180 E. Belt Blvd
Richmond VA, 23224
www.dailyplanetva.org

Medical Respite

Tel: 804-292-3030

Program Information

The Daily Planet Medical Respite Program provides short-term convalescent supervision for homeless clients with a primary Acute medical diagnosis. It is designed to serve adults (over 18) who are in need of care for up to 30 days. These individuals are usually discharged from medical facilities and are not able to stay in the emergency shelter system. Respite staff use the opportunity provided by daily contact with clients in a safe and structured setting to provide psychosocial assessments and case management services to link clients with housing, ongoing primary medical care, substance abuse and mental health treatment and other needed services.

The program is co-located with The Daily Planet's Southside Community Health Center (SCHC). You will be seen by a primary care medical provider, and are encouraged to accept The Daily Planet as your medical home if you do not have a PCP.

The program provides 3 healthy meals plus snacks daily.

Health education and other group opportunities are offered.

You will meet with a case manager and develop an individual service plan during your stay at the Daily Planet Medical Respite. This will assist you in developing goals for your medical recovery and housing options.

Expectations

To assist in your recuperation, Medical Respite staff will assist you when taking medications. For everyone's safety, all medications are kept in a secure location.

In order to assist your recuperation, we ask that you not leave the facility during the first three (3) days of your stay for any reason other than for medical, supportive service, or other critical appointments. After that time, for safety reasons, you must sign In and Out whenever you leave the building. During your recuperation you may want to walk around outside if you are able to do so. You are welcome to do so as tolerated. All clients are to be in for the night at 5:30 PM, and are not permitted to leave the facility after that time, unless for approved purpose.

NO OPEN FLAMES OF ANY TYPE ARE ALLOWED INSIDE THE BUILDING, (i.e. Candles, incense, etc.)

A complete set of guidelines are within the Client Handbook, including rights and responsibilities, will be provided upon admission.

SMOKING PROHIBITED

*Medical Respite is a **Smoke Free** building, therefore smoking is not allowed inside or outside the building. You **CANNOT** smoke anywhere else in or around the building. (**PATCHES MAY BE AN OPTION. CHECK WITH YOUR HEALTH PROVIDER BEFORE YOU ARE DISCHARGED**)*

SUBSTANCE ABUSE PROHIBITED

For everyone's safety, bringing alcohol, drugs or drug paraphernalia onto the property is cause for immediate dismissal from the Program. This includes prescribed narcotics that are not reported or turned in to Respite staff. Clients suspected of being under the influence of illicit drugs or alcohol may be placed on restriction. Clients are subject to random urine and/or breathalyzer test.

Note: Repeated violations of program rules may result in dismissal from the program.