

**Life Skills Acuity and Chronicity Tool - Referral**

**Area of Functioning -- Current Acuity Level**

		<b>Intensive Need (3)</b>	<b>Moderate Need (2)</b>	<b>Basic Need (1)</b>	<b>Self-Management (0)</b>	<b>Predicted Chronicity/basel Notes</b>
<b>Nutritional Health</b>	<b>Food and Nutrition management</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Unable to access a sufficient amount of nutritious food</li> <li><input type="checkbox"/> Unable to prepare and cook meals</li> <li><input type="checkbox"/> Unable to store food correctly</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Unable to consistently access a sufficient amount of nutritious food</li> <li><input type="checkbox"/> Unable to consistently cook and prepare meals</li> <li><input type="checkbox"/> Unable to consistently store food correctly</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Utilizes assistance to access a sufficient amount of nutritious food</li> <li><input type="checkbox"/> Utilizes assistance to cook and prepare meals</li> <li><input type="checkbox"/> Utilizes assistance to store food correctly</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Has consistent and sufficient access to nutritious food</li> <li><input type="checkbox"/> Able to independently cook and prepare meals</li> <li><input type="checkbox"/> Able to independently store food correctly</li> </ul>	
<b>Community Health</b>	<b>Resource Access</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Unable to access free or low cost community resources</li> <li><input type="checkbox"/> Unable to access basic healthcare</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Difficulty navigating free or low cost community resources</li> <li><input type="checkbox"/> Frequently misses appointments required to access community resources</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Able to access free or low cost community resources with assistance</li> <li><input type="checkbox"/> Able to access basic healthcare consistently with escort</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Able to access free or low cost community resources independently</li> <li><input type="checkbox"/> Able to access basic healthcare consistently and independently</li> </ul>	
	<b>Social Network - Relationships</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Does not interact with neighbors</li> <li><input type="checkbox"/> Unlikely to ask for help or utilize community providers as resources</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Minimal or strained interactions with neighbors</li> <li><input type="checkbox"/> Seeks help from community providers, only as a last resort</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Interacts with neighbors as needed</li> <li><input type="checkbox"/> Occasionally accesses community providers for support and/or resources</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Actively builds social networks and healthy relationships with neighbors, peers, and community providers</li> </ul>	
	<b>Communication and Conflict Resolution</b>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Escalates disputes</li> <li><input type="checkbox"/> Receives frequent behavioral citations</li> <li><input type="checkbox"/> Presents as aggressive during conflict</li> <li><input type="checkbox"/> Unable to communicate feelings and needs</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Unable to resolve disputes</li> <li><input type="checkbox"/> Receives infrequent behavioral citations</li> <li><input type="checkbox"/> Unable to communicate effectively during conflict</li> <li><input type="checkbox"/> Unable to consistently communicate feelings and needs</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Able to resolve disputes with assistance</li> <li><input type="checkbox"/> Unable to consistently communicate effectively during conflict</li> <li><input type="checkbox"/> Able to communicate feelings and needs consistently to few people</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Able to resolve disputes independently</li> <li><input type="checkbox"/> Able to communicate consistently and effectively during conflict</li> <li><input type="checkbox"/> Able to communicate feelings and needs and able self-advocate</li> </ul>	

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<b>Financial Health and Stability</b>	<b>Money Management</b>	<input type="checkbox"/> Does not have reliable income <input type="checkbox"/> Unable to regularly meet basic financial needs (food, rent, phone)	<input type="checkbox"/> Requires consistent assistance to maintain reliable income/benefits <input type="checkbox"/> Unable to budget income to meet needs and/or refuses money management <input type="checkbox"/> Accesses AEF/other financial resources regularly	<input type="checkbox"/> Enrolled in money management <input type="checkbox"/> Accesses AEF/other financial resources occasionally	<input type="checkbox"/> Able to independently manage money <input type="checkbox"/> Able to meet needs with current source of income	
	<b>Vocational/Volunteer Employment</b>	<input type="checkbox"/> Disability prevents participation in vocational training, volunteer work or employment <input type="checkbox"/> Pre-contemplative about vocational training, volunteer work or employment	<input type="checkbox"/> Unable to consistently maintain participation in vocational training, volunteer work or employment <input type="checkbox"/> Contemplative about vocational training, volunteer work or employment	<input type="checkbox"/> Able to consistently participate in vocational training, volunteer work (part-time) <input type="checkbox"/> Has a strong desire to participate vocational training, volunteer work or employment	<input type="checkbox"/> Currently participating in vocational training, volunteer work or employment	
	<b>Eviction Risk</b>	<input type="checkbox"/> Unable to navigate a legal dispute <input type="checkbox"/> Unaware of legal rights <input type="checkbox"/> Constant risk for eviction	<input type="checkbox"/> Understands legal rights, but has difficulty navigating the legal system or unable to self-advocate <input type="checkbox"/> At risk for eviction	<input type="checkbox"/> Able access legal support when needed <input type="checkbox"/> History of eviction or legal disputes	<input type="checkbox"/> Able to clearly understand legal rights and how to access legal support <input type="checkbox"/> No risk for eviction	
<b>Environmental Health</b>	<b>House Organizing</b>	<input type="checkbox"/> Disorganization interferes with safety and/or perpetuates isolation <input type="checkbox"/> Physically or psychologically unable to organize room <input type="checkbox"/> Little to no experience living indoors or previously homeless > 10 years <input type="checkbox"/> Refuses IHSS <input type="checkbox"/>	<input type="checkbox"/> Disorganization exists but does not interfere with safety <input type="checkbox"/> Only organizes room when required by building staff and needs assistance to do so Referred to IHSS	<input type="checkbox"/> Unable to independently and consistently keep an organized room <input type="checkbox"/> Utilizes IHSS regularly for support	<input type="checkbox"/> Independently maintains an organized room	
	<b>Hygiene</b>	<input type="checkbox"/> Clothes are consistently unlaundered <input type="checkbox"/> Refuses to clean space and maintain healthy hygiene	<input type="checkbox"/> Inconsistently launders clothes <input type="checkbox"/> Often lacks healthy body hygiene <input type="checkbox"/> Lacks reliable tools to clean space, launder clothes, maintain healthy hygiene	<input type="checkbox"/> Needs support to launder clothes and maintain healthy hygiene	<input type="checkbox"/> Consistently and independently launders clothes and maintains healthy hygiene	
	<b>Safety</b>	<input type="checkbox"/> Constantly feels unsafe in room <input type="checkbox"/> Frequently encounters unsafe situations outside <input type="checkbox"/> Unable to seek support around safety	<input type="checkbox"/> Occasionally feels unsafe in room <input type="checkbox"/> Occasionally encounters unsafe situations outside of room <input type="checkbox"/> Able to report unsafe situations, but not able to avoid these situations	<input type="checkbox"/> Able to leave unsafe situations by seeking safety inside <input type="checkbox"/> Able to access resources if feeling unsafe	<input type="checkbox"/> Can independently assess for safety and able to avoid unsafe situations	

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<b>Spiritual Health and Wellness</b>	<b>Self-Care and Stress Management</b>	<input type="checkbox"/> Lacks skills to effectively relieve stress <input type="checkbox"/> Does not participate in activities that bring enjoyment <input type="checkbox"/> Unable to recognize the need for self-care <input type="checkbox"/> Utilizes unhealthy coping mechanisms to relieve stress	<input type="checkbox"/> Does not have a consistent method for relieving stress <input type="checkbox"/> Occasionally participates in activities that bring enjoyment <input type="checkbox"/> Recognizes need for self-care <input type="checkbox"/> Occasionally utilizes unhealthy coping mechanisms to relieve stress	<input type="checkbox"/> Requires assistance to consistently relieve stress <input type="checkbox"/> Regularly participates in activities that bring enjoyment <input type="checkbox"/> Values the need for self-care	<input type="checkbox"/> Able to value and practice self-care independently each day
	<b>Time Management</b>	<input type="checkbox"/> Unable to prioritize or accomplish tasks in a desirable amount of time <input type="checkbox"/> Unable to attend scheduled appointments	<input type="checkbox"/> Unable to consistently prioritize or accomplish tasks in a desirable amount of time <input type="checkbox"/> Able to show up to scheduled appointments inconsistently even with navigation	<input type="checkbox"/> Able to prioritize tasks, but may occasionally have challenges with accomplishing tasks <input type="checkbox"/> Consistently attends scheduled appointments navigation	<input type="checkbox"/> Able to independently prioritize and accomplish tasks in a desirable amount of time <input type="checkbox"/> Consistently attends scheduled appointments with or without reminders
	<b>Adapting to being Inside (Creating a 'Housed' Identity)</b>	<input type="checkbox"/> Constantly feels isolated inside and unable seek support <input type="checkbox"/> Still identifies homeless or feels more comfortable living outside <input type="checkbox"/> Doubtful of ability to maintain housing.	<input type="checkbox"/> Occasionally feels isolated inside and unable to seek support <input type="checkbox"/> Shame around current or past housing identity	<input type="checkbox"/> Occasionally feels isolated inside, but accesses support	<input type="checkbox"/> Feels comfortable living inside and seeks support if feeling isolated
	<b>Staying in Care (Death and Relapse Prevention)</b>	<input type="checkbox"/> Likely to drop out of care due to fear of relapse or discomfort <input type="checkbox"/> Shame preventing ability to stay in care	<input type="checkbox"/> Needs constant support in order to stay in care <input type="checkbox"/> Requires constant outreach to engage	<input type="checkbox"/> Independently seeks support to stay in care, but may need occasional outreach/motivation	<input type="checkbox"/> Independently able to stay in care