

Heartland Health Outreach

An Organizational Response

HEARTLAND
ALLIANCE
HEALTH
HEARTLAND HEALTH OUTREACH, INC



The Comprehensive Addiction and Recovery Act and The Heroin Crisis Act Changed Everything...

Medication Assisted Treatment (MAT)

- Treatment for participants who have an opioid use disorder and are looking for assistance in decreasing their use and improving their quality of life.
- Supportive Treatment for Addiction and Recovery (STAR), is an interdisciplinary team with a harm reduction focused approach to assist with changing harmful behaviors.
- The ultimate goal of this program is abstinence, but we understand the road to abstinence is not always a straight line.
- We currently serve 100+ participants in the STAR program

STAR MAT

- There are two main pillars of STAR:
 - The medical component consists of being assessed by a medical provider and if appropriate the provider will prescribe buprenorphine (suboxone) and meet for regular medical appointments.
 - The supportive services we provide are a combination of individual and group therapies that are led by substance use counselors and licensed therapists.

What Comprehensive Addiction and Recovery Act Means for HCH Programs

- Section 301-Authorizes HHS secretary to award grants for OUD MAT
 - Previously we had to build MAT into existing budgets and programs
 - Now we have received one grant and just applied for another
- Section 303-NP's and PA's can now prescribe
 - Medical Doctors were only able to prescribe, limited time available
 - Now we have 3 current prescribers and 5+ ready to begin training.

What HCA Means for HCH Programs

- Pharmacies can dispense naloxone to individuals, even when it is not for that person
 - We have increased overdose prevention
- Medicaid reimbursement expansion
 - Parity means more options
- Removes prior authorization requirements
 - No more time spent arguing with pharmacies and insurance companies

What HCA Means for HCH Programs (Continued)

- Eliminates one-year lifetime limit for buprenorphine
 - No longer fear of “doing recovery wrong.”
- Expands access to drug court for OUD
 - Diversion program

Summary of What Policies Have Allowed Us to Do

- STAR Program creation
 - Increased grant options
 - Went from team of one therapist, one provider, and one nurse to a full MAT program of 9+ team members
 - 2 Licensed Therapists
 - 2 CADC's and 1 Recovery Coach
 - 2 RN's
 - 3 providers currently prescribing
 - 5+ NP's coming soon

What We Have Been Doing

- Diversion Program
 - Police pick people up and give them the option of going to treatment or jail
 - Option of which program
 - Given ride to treatment program
- This is where we come in
 - Given medication that day
 - Harm Reduction approach
 - Follow up appointment

Ongoing Complications and Barriers

- Funding for staff, expansion, etc.
 - Demand is outpacing supply
- Reimbursement
 - Not all services are billable

Complications and Barriers

- Integration-It's all new!
 - Understanding and appreciating each team member's role
 - Who does what, where, when, etc.
- Diverision lessons learned
 - Communication and planning
 - Changing mindset