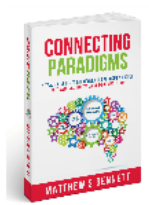


Connecting Paradigms
*A Trauma Informed & Neurobiological
Framework for Motivational Interviewing
Implementation*



Deborah Borne, MD, MSW, Medical Director Transitions Care
Coordination, San Francisco Department of Public Health)
Matt Bennett, MBA, MA (Chief Innovations Officer, Coldspring Center)

Connecting Paradigms

Positioning Best Practices for Improved Health Outcomes

TRAUMA INFORMED CHANGE SUPPORT HAPPENS AT EVERY STAGE OF CARE
Goals of Care and treatment occur across the continuum

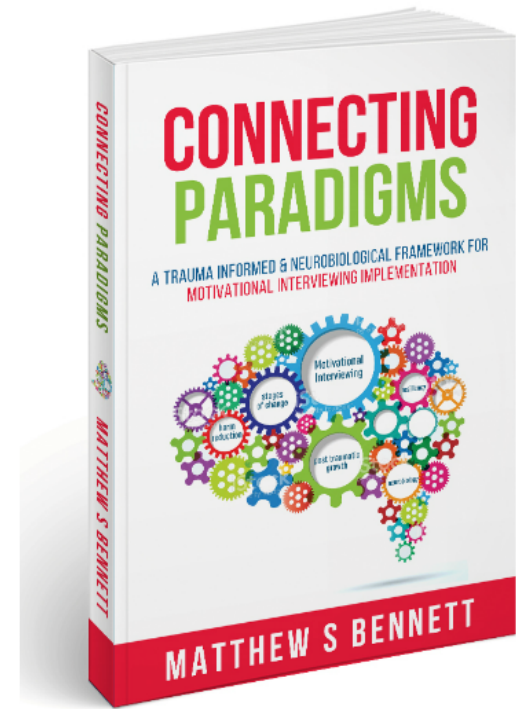


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Connecting Paradigms

A Trauma Informed & Neurobiological Framework for Motivational Interviewing Implementation



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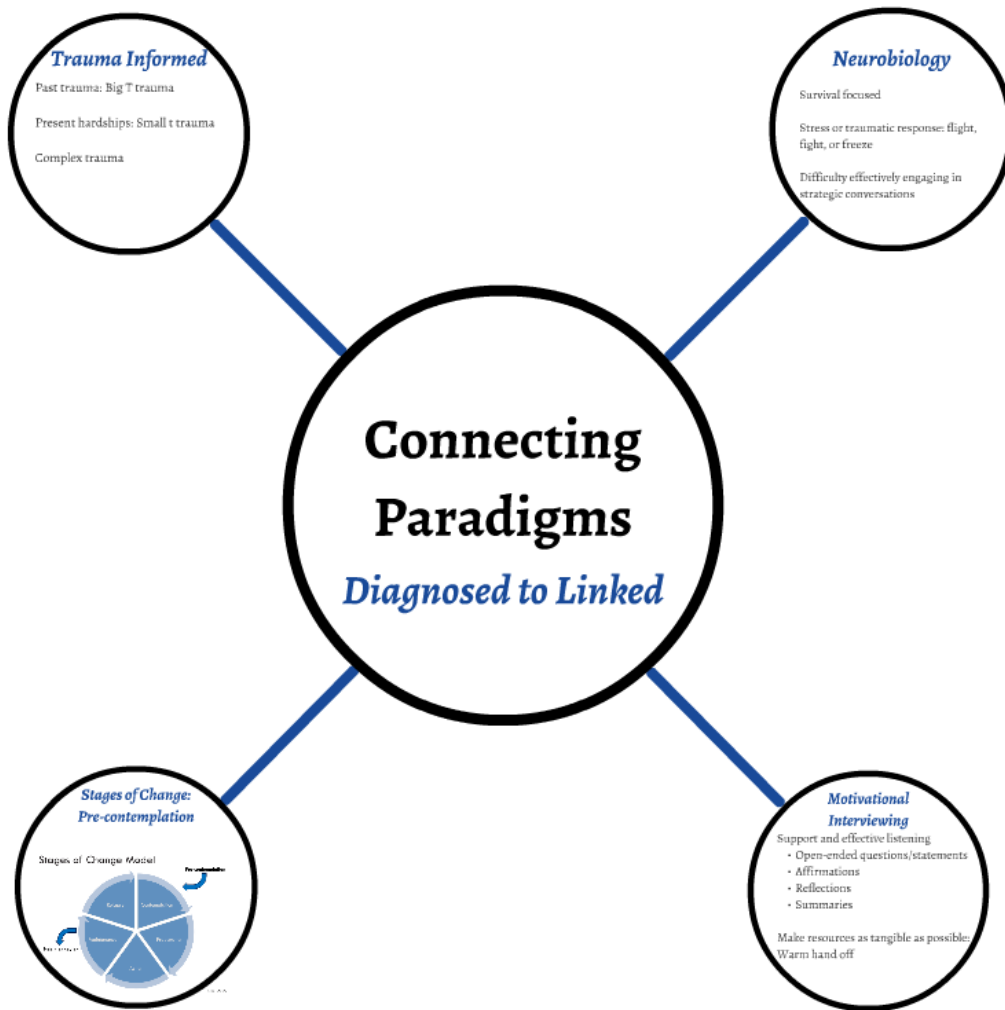
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Goals of Care and treatment occur across the continuum





Outreach to Engagement/ Linkage

Outreach

Engage/
Linkage

Actively 'In
Care'

Outcomes &
Transitions

Trauma Informed

Past trauma: Big T trauma

Present hardships: Small t trauma

Complex trauma

Neurobiology

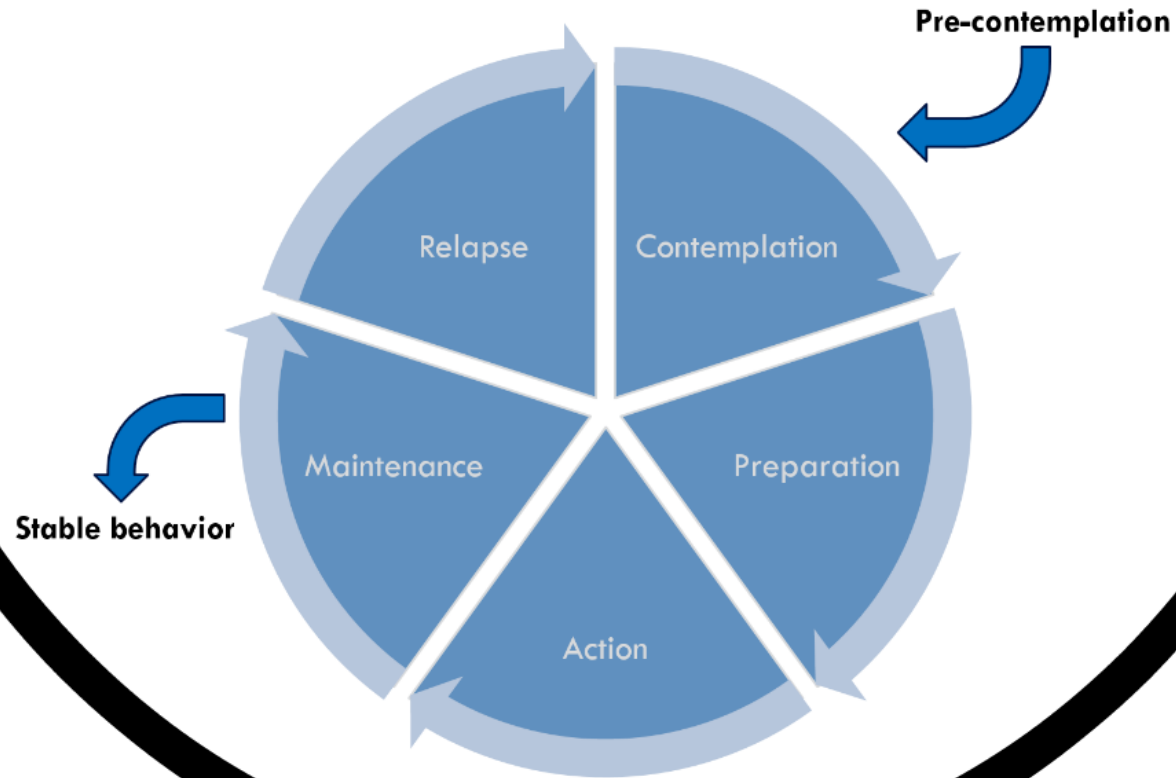
Survival focused

Stress or traumatic response: flight, fight, or freeze

Difficulty effectively engaging in strategic conversations

Stages of Change: Pre-contemplation

Stages of Change Model



Kern, 2005



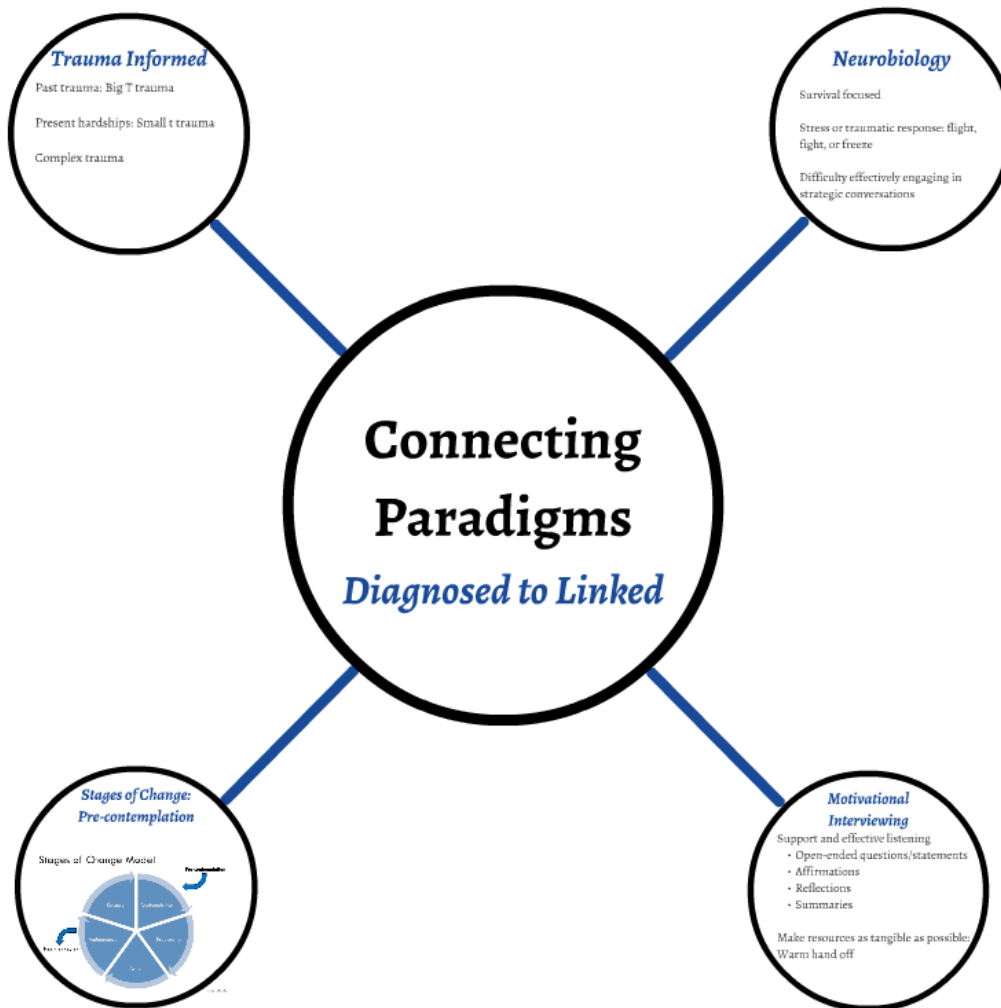
Motivational Interviewing

Support and effective listening

- Open-ended questions/statements
- Affirmations
- Reflections
- Summaries

Make resources as tangible as possible:

Warm hand off



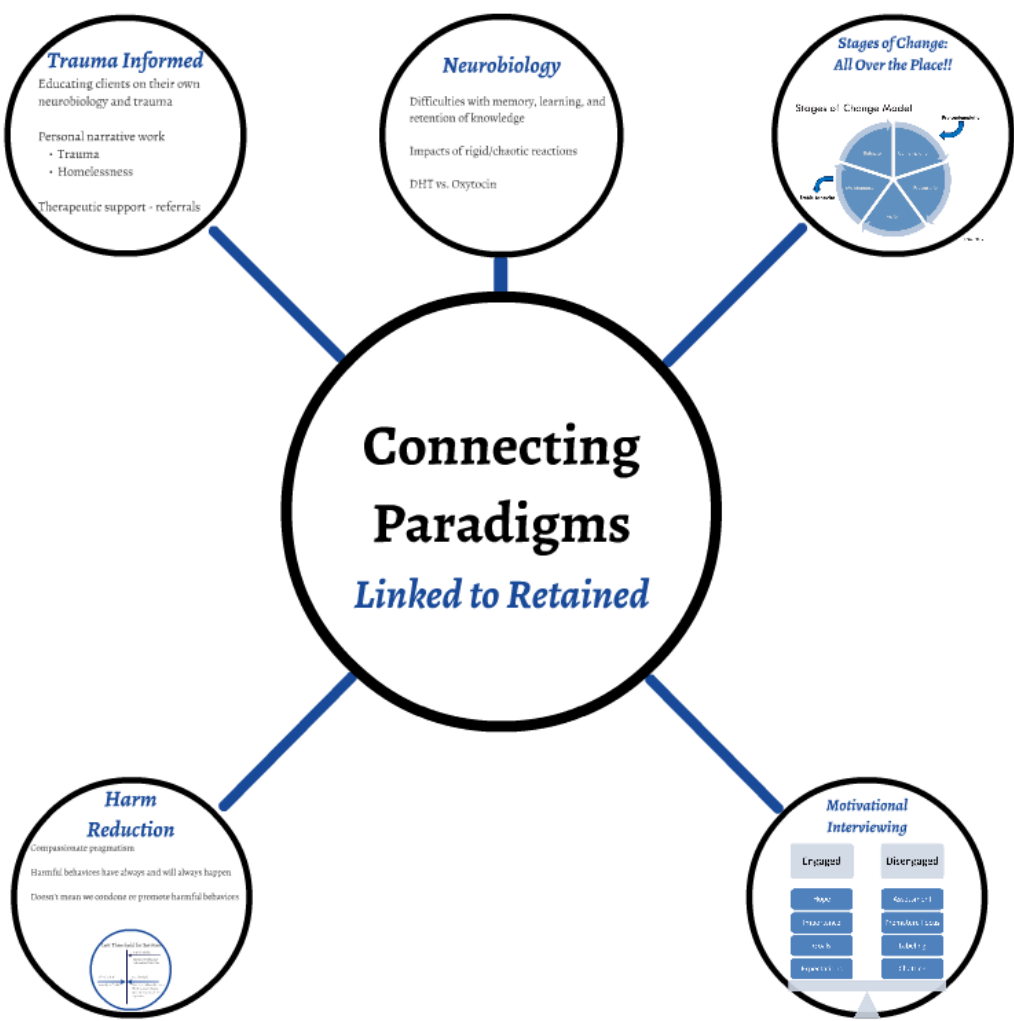
Outreach to Engagement/ Linkage

Outreach

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Linkage

Actively 'In
Care'

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Transitions



Engage/ Linkage to Actively "In Care'



What's going on with the patient hurts our ability to

Trauma Informed

Educating clients on their own
neurobiology and trauma

Personal narrative work

- Trauma
- Homelessness

Therapeutic support - referrals

Neurobiology

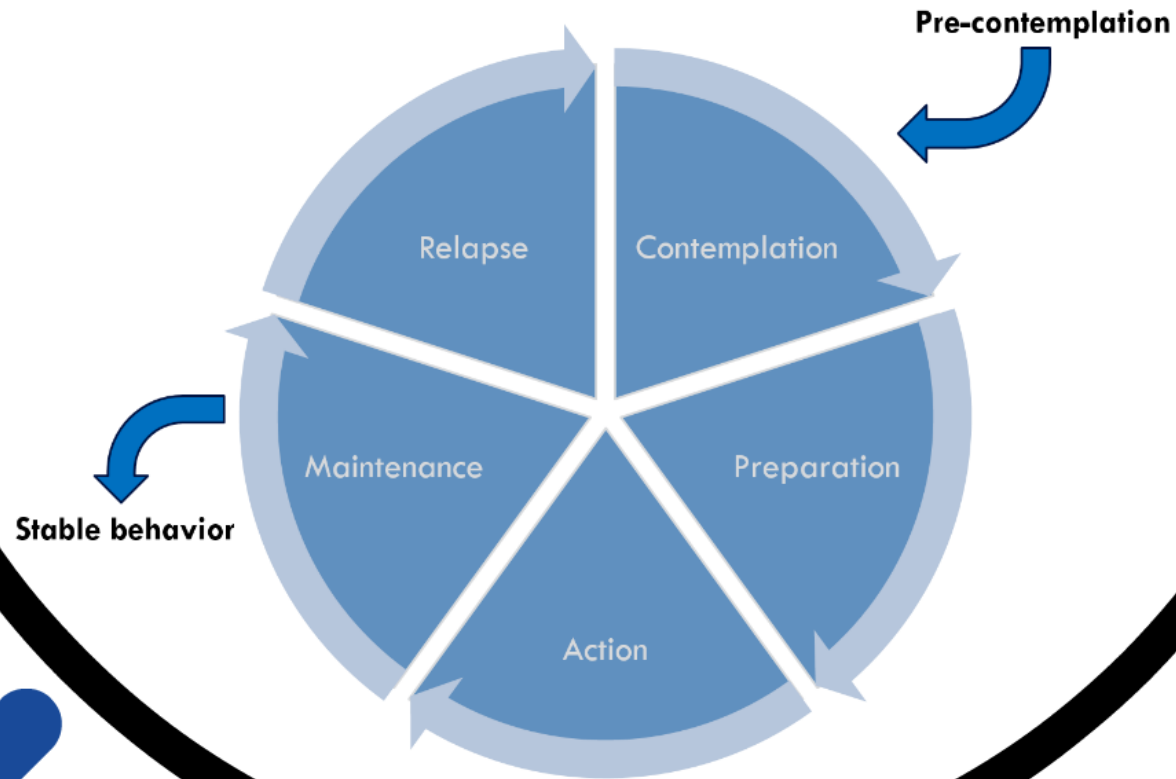
Difficulties with memory, learning, and retention of knowledge

Impacts of rigid/chaotic reactions

DHT vs. Oxytocin

Stages of Change: All Over the Place!!

Stages of Change Model



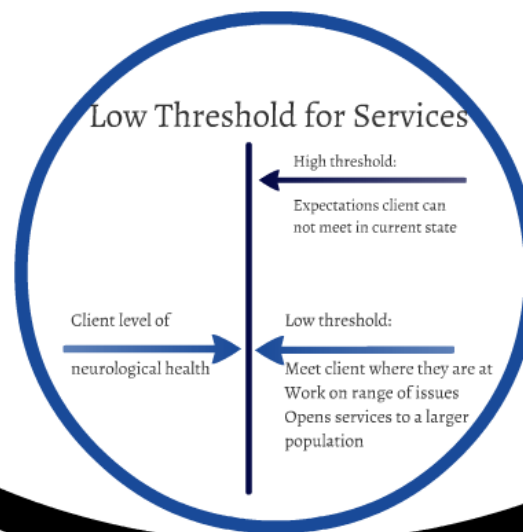
Kern, 2005

Harm Reduction

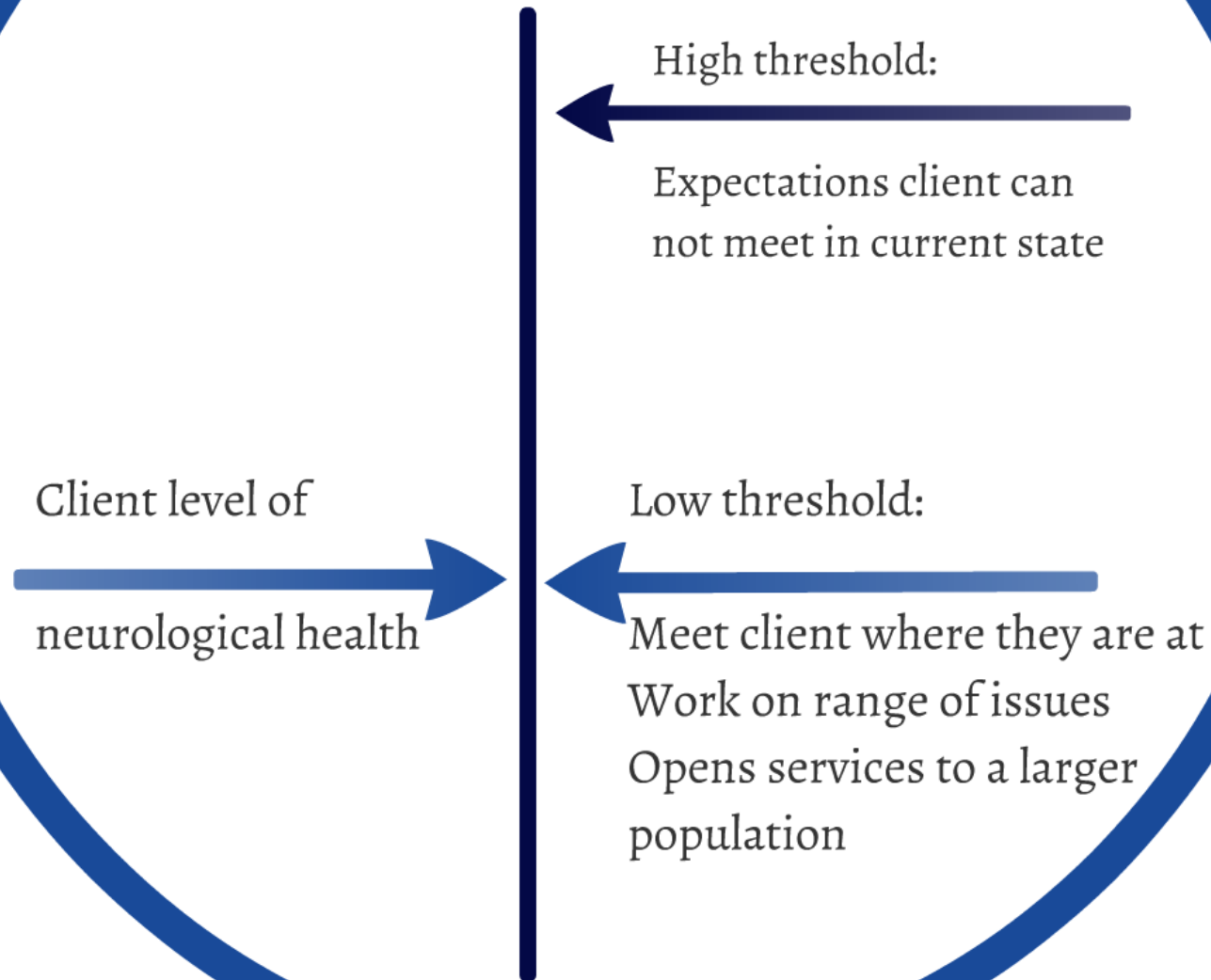
Compassionate pragmatism

Harmful behaviors have always and will always happen

Doesn't mean we condone or promote harmful behaviors



Low Threshold for Services



Motivational Interviewing

Engaged

Disengaged

Hope

Assessment

Importance

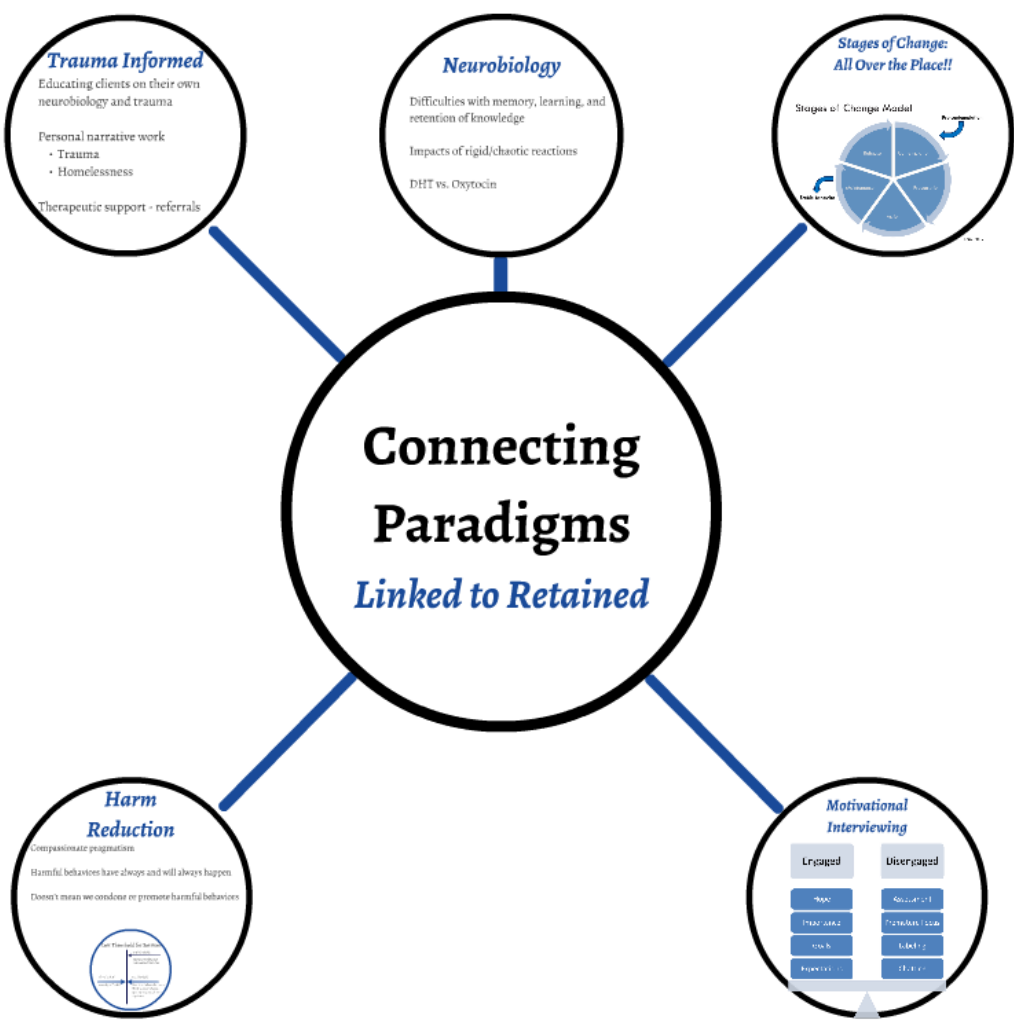
Premature Focus

Goals

Labeling

Expectations

Chatting



Engage/ Linkage to Actively "In Care'



What's going on with the patient hurts our ability to

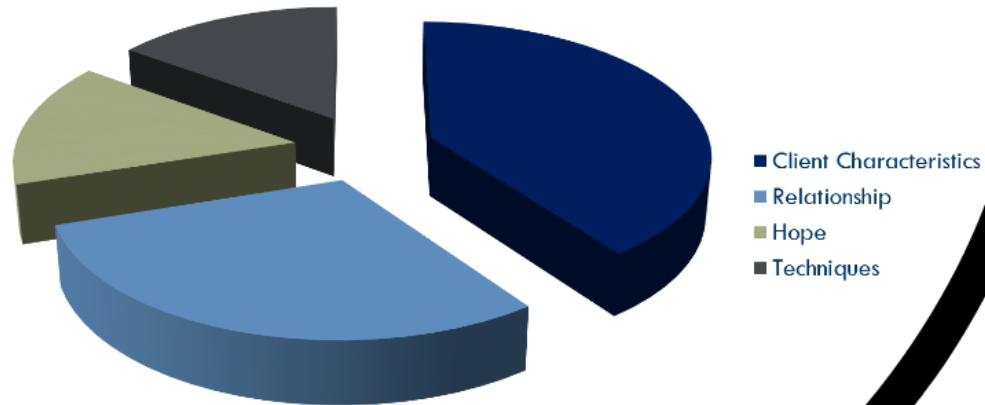
Trauma Informed

Support and resources

Mindfulness

Treatment

Determinants of Successful Client Outcomes



Ashor, 2010; Murphy, 2008

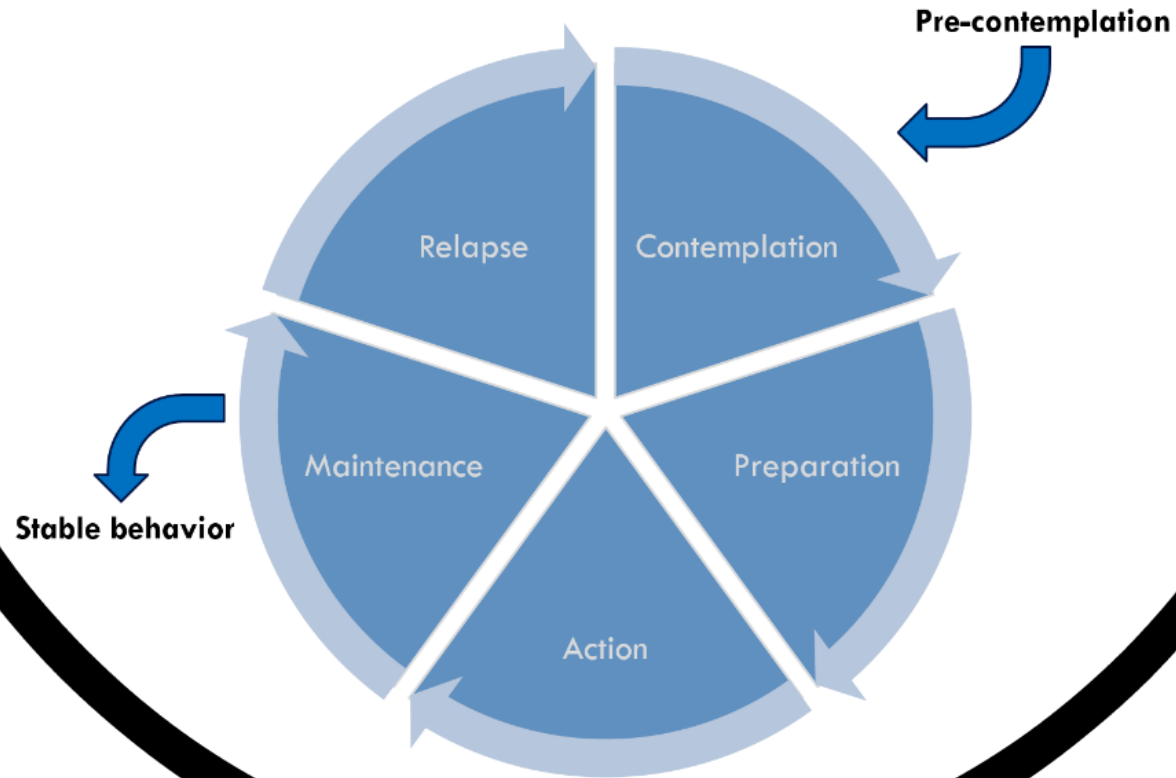
Neurobiology

Brain and medication

Changing behaviors means changing
the physical structure of the brain

Stages of Change: Action

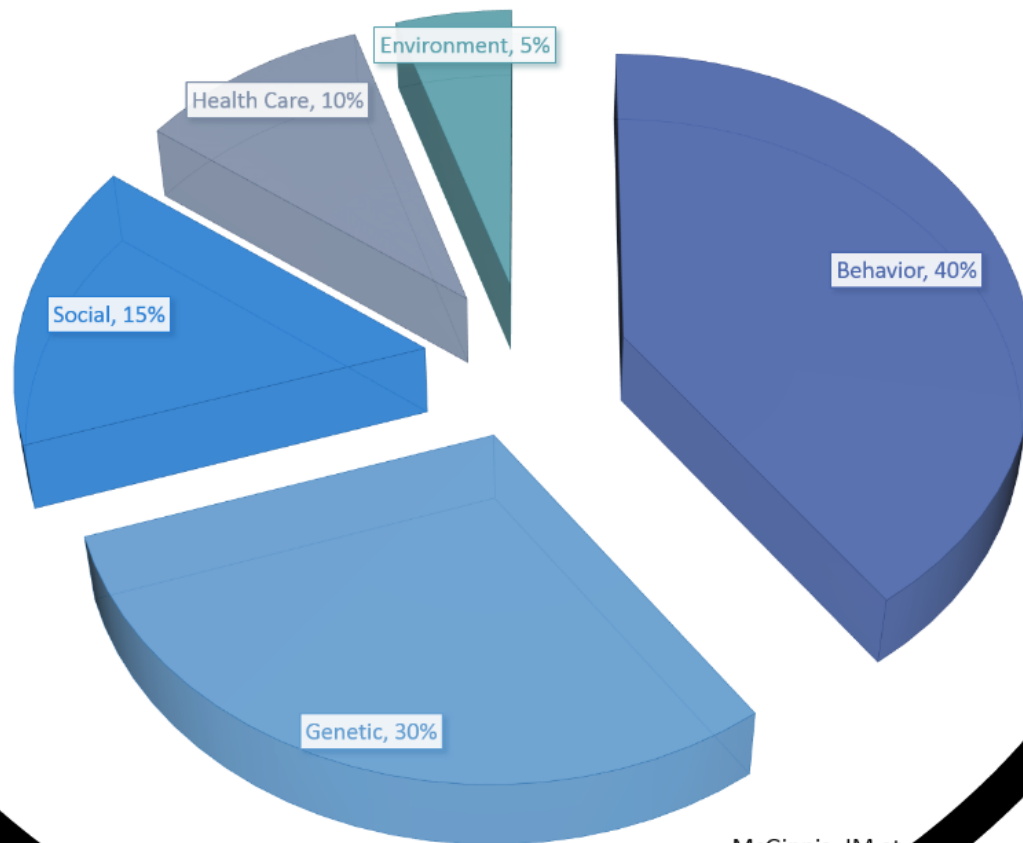
Stages of Change Model



Kern, 2005

Motivational Interviewing

Determinants of Health Outcomes



McGinnis, JM et

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