

NAVIGATING CAPITOL HILL

Each member of Congress has an office in one of six Capitol buildings. To find the office you will need to know the **building** and **room number**, which will be provided to you before the meeting. You can also find out the building and room number on the member's website or by calling their office (202-224-3121).

Conference Location:

Grand Hyatt Washington
1000 H Street NW
Washington, D.C. 20001

The Senate office buildings are along Constitution Avenue north of the Capitol:

- Russell Senate Office Building (RSOB)
Delaware entrance on ground level closest to Constitution Avenue
- Dirksen Senate Office Building (DSOB)
First Street and C Street entrance
- Hart Senate Office Building (HSOB)
Second Street entrance

The House office buildings are along Independence Avenue south of the Capitol:

- Cannon House Office Building (CHOB)
Entrance on New Jersey Avenue, SE, at the intersection with Independence Avenue
- Longworth House Office Building (LHOB)
Main entrance, Independence and New Jersey Avenues
- Rayburn House Office Building (RHOB)
Main entrance, Horseshoe drive off South Capitol Street

How to get there:

- 1) CAB/UBER: Fares will cost between \$7-\$25 and take 15-30min each direction*.
- 2) METRO: Metro will cost \$3-\$5 and take 25-35min each direction. You will need to purchase a metro pass from a booth, which are located inside every metro stop.
 - The Metro Center stop of the red/blue/orange line is accessible from the lobby level of the hotel.
 - Senate: Take Red line 3 stops towards Glenmont. Metro Center → Union Station
 - House: Take Blue/Orange line 5 stops towards Largo/NewCarrollton. Metro Center → Capitol South
- 3) WALK: the walk will be 1.5-2 miles and 40-60min each direction.
 - Turn right (east) onto H Street *150ft*
 - Turn right (south) onto 10th Street *0.4 miles*
 - Turn left onto Pennsylvania Ave *0.6 miles*
 - Veer left on Constitution Ave for Senate Buildings
 - Or, turn right on 3rd street and left on Independence for House Buildings.

Tips:

- You can navigate to any office building by typing the building name into the GPS on your phone.
- If you get lost, ask Capitol Hill Police Officers for directions- they are very helpful

**A limited amount of funding is available to pay for Uber fares for those with financial restrictions*
Text or call Regina to coordinate at 443 286 5537*

National HCH Council advocacy work is funded through private donations.