IMPLEMENTING MEDICAL RESPITE STANDARDS

Experiences from the Field

Panelists

Jennifer Nelson-Seals, Executive Director, Interfaith House, Chicago, IL Paul Gregerson, Chief Medical Officer, JWCH Institute, Los Angeles, CA Rhonda Hauff, Deputy CEO, Yakima Neighborhood Health Services, Yakima, WA **May 6, 2015**



Standard 1:
Medical respite
program provides
safe and quality
accommodations



INTERFAITH HOUSE



NATIONAL
HEALTH CARE
for the
HOMELESS
COUNCIL

BENEFITS OF STANDARDS

Enhances Reputation

Provides continuous improvements and effective systems

Helps us to deliver safe, high quality care

Promotes professional employment opportunities





STANDARD 1

Standard 1:11 Medical respite programs have 24 hours on call medical support or a nurse call line for non-emergency medical inquiries

Problem Solved:

- Revisit our policies and established an agreement with clinic provider-
- When a provider is not available for an acute health care need, the clinic will offer its on call physician for health care advice.



STANDARD 1

Standard 1: 14 If medical equipment (including resuscitation equipment) is available then appropriate staff are trained and or licensed in its use.

Problem Solved:

- Established Policy
- All staff were trained on AED machine
- Support staff went through CPR training



Standard 2:
Medical respite
program provides
quality
environmental
services



STANDARD 2

Standard 2:2 The medical respite program has a written protocol for managing exposure to bodily fluids and other biohazards.

Standard 2:5 The medical respite program has written protocol in place to promote infection control and the management of communicable diseases



Problem Solved:

- With the help of the clinic both policies were established.
- In the process of reviewing and updating all of our policies and procedures



TESTING RESULTS

- Policies and procedures
 were outdated
- We were doing the work, but no policies were in place

- Staff trainings
- •Better communication system in place with Clinic providers
- New Forms in placed



STANDARD 2 – JWCH INSTITUTE

NATIONAL
HEALTH CARE
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HOMELESS
COUNCIL

Standard 3: Medical respite program manages timely and safe care transitions to medical respite from acute care, specialty care, and/or community settings











YAKIMA NEIGHBORHOOD HEALTH SERVICES





3.1. RESPITE IS CONSIDERED AN OPTION IN DISCHARGE PLANNING

YNHS Housing Pespite Respite Guidelines

Recuperative Respite Housing:

The term "respite" is commonly used to refer to providing a break for caregivers of a disabled or very ill person. The term has a different meaning for homeless people. It describes recuperative or convalescent services needed by homeless people with medical problems – in essence, providing sick or injured homeless people a respite from the hardships of living in public and shared housing, or a break from the harsh elements of the cold and heat of living outdoors.

Respite care is available for individuals after discharge from the hospital, or for individuals injured or too ill to be in shelters or on the streets, but not sick enough to be in the hospital, and upon recommendation from a medical provider.

Maximum length of stay is provided for up to four weeks. Exceptions may be made in unusual circumstances by the program director.

At least annually, the Program Director requests to provide presentations to hospital discharge planners at Yakima and Sunnyside hospitals to make them aware of services available for homeless individuals through the YNHS Respite program.

3.2. ADMISSION CRITERIA

Respite

Guidelines

(ADLs),

 As part of the respite intake assessment, the HCH RN or Program Director attests the patient is capable of managing Activities of Daily living (ADLs), as the referring PCP indicated on the Respite Referral Form.

YNHS does not provide Skilled Nursing or Home Health in the Respite units. If the resident qualifies, a Certified Home Health Provider will be ordered by the Primary Care Provider or Hospital Physician. Services can be provided by Home Health staff onsite in the YNHS respite facility if appropriate.

At any time a member of the respite team is unsure of the appropriateness of a referral to respite, the referral should be given to the program director, who should then review it with the YNHS Chief Medical Officer for a decision.

As part of the YNHS Quality Assurance program, the YNHS Chief Medical Officer should review the utilization of the respite program on an annual basis. The QA Committee should determine the appropriate number of cases for review. Considerations should include:

- Reasons for referral
- Appropriateness of referral
- Length of staff
- Re-admissions to hospital (if any)



ADMISSION CRITERIA

Homeless or in Emergency Shelter Independent in Activities of Daily Living (ADLs)

Independent in Medication administration Independent in mobility Continent of urine and Feces

Acute medical problem but medically stable No DTs from Alcohol withdrawals Patient willing to be visited daily by HCH staff No IntraVascular lines Does not require long term or Skilled Nursing placement



Vakima WA 98907-2605

Yakima Neighborhood Health Services - Neighborhood Connections Respite Care for Ill and Injured Homeless Persons

The term "respite" is commonly used to refer to providing a break for caregivers of a disabled or very ill person. The term has a different meaning for homeless people. It describes recuperative or convalescent services needed by homeless people with medical problems - in essence, providing sick or injured homeless people a respite from the hardships of living in public and shared housing, or a break from the harsh elements of the cold and heat of living outdoors.

What YNHS Respite Care staff can do?

- · Respite care is available for individuals after discharge from the hospital, or for individuals injured or too ill to be in shelters or on the streets, but not sick enough to be in the hospital, upon recommendation from a medical provider..
- · Care and oversight is provided in apartments for up to four weeks.
- · Provide a nurse case manager and outreach worker to provide daily health education visits in a safe and structured setting, and assess need for evaluation of other services (mental health, CD, transitional or permanent housing) to aid in patient's recuperative care.
- · Assist residents in accessing a primary care provider for discharge follow-up care, and other needed services to help in their recuperative care.
- · Coordinate care to specialty and ancillary providers.
- Work with hospital discharge planners to facilitate recovery.
- · Initiate a process for housing stabilization, connecting the patient to transitional and or permanent supportive housing placement once respite care is complete.

What YNHS Respite Care staff cannot do:

· YNHS does not provide Skilled Nursing or Home Health in the Respite units. If the resident qualifies, a Certified Home Health Provider will be ordered by the Primary Care Provider or Hospital Physician. Services can be provided by Home Health staff onsite in the YNHS respite facility if appropriate.

Homeless or in Emergency Shelter Independent in Activities of Daily Living Independent in Medication administration

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placement

Acute medical problem but medically stable No DTs from Alcohol withdrawals Patient willing to be visited daily by HCH staff No IntraVascular lines Does not require long term or Skilled Nursing

| | | | | | / | | |
|----------------------------------|--------------------|--------------------|--|--|---|--------|--|
| | | | | | | - | |
| Patient Name | | | | I | OOB | | |
| | | | 6 | Neighborhed Neighborhed CONNECT | | | |
| | | | 123 | Neighborhood Health South 8 th St, PO Box 2 akima WA 98907-26 www.ynhs.org | 1605 | | |
| | Ho | spital o | | vider - Refe | rral of Homeless Person | | |
| available (bei 2. Fax this R | fore co eferral | mpleting Form + | it (509)249-623 this form). | arge patient in | <u>iing:</u> riday) to identify if housing shelt istructions including H/P to Yakir | | |
| | | | Referr | ing Medical P | | | |
| Provider Name Hospital or Cli | | | | | Soc.Serv Pager/Phone: | - | |
| • | | | | | on vice. | | |
| s YNHS the | | | If not, who is / | | to all Fallauring Costians | | |
| | | | | | te all Following Sections nust meet all criteria) | | |
| ш. | | | ena – Check Ba Emergency / | | nust meet all criteria) ng to see respite staff daily and can con | vlar | |
| п | | | nal Housing | | independently with medical recommendations from medical provider | | |
| Acute medic | al proble | | ould benefit from nort-term respite | Behaviorally appropriate to be left alone (including no known suicidal or assaultive risks) | | | |
| Indepen | dent in A | DL's inclu | ding medication administration | No intravascular lines | | | |
| | | Indepe | ndent in mobility | 7 | Does not require > 4 week respite stay | | |
| | Co | ontinent of | furine and feces | Does not need SNF placement | | | |
| | | | Medically stable | Patient understands respite facility is alcohol and drug free | | | |
| Has not red | | | pines for alcohol in past 24 hours | | | | |
| Diagnosis re | quiring | respite: | | | inticipated Stay Needed | Days | |
| # Days patien | t was h | ospitaliz | ed W/ | O Respite, Da | ys longer you would keep Patient | - | |
| Last Vital Sign | | T max | | • / | RR RA O2 Sat | | |
| Last Vitai Sign | ıs. | i illax | | | KN KA UZ Sat_ | - | |
| ETOH: | Yes | No | Extremity | Wt. Bearing | T | \neg | |
| Hx ETOH SZ: | Yes | No | RLE | FULL | | | |
| Hx DT's: | Yes | No | LLE | WBAT | Allergies | | |
| Drugs | Yes | No | RUE LUE | TTWB NWB | Diet Psych Dx | = | |
| Special monite | oring, a | ctivity re | strictions (if not | on Discharge I | Psych F/U_nstruction Forms): | | |
| - 144 ! | | P' | -b M- " | 41 I 1-4 II 0 | D and Hamital Franches | | |
| • Attach | Curre | nt or Dis | charge Medica | tion List , H& | P, and Hospital Facesheet. | | |
| Medical Prov | ider Sid | nature: | | | Date: | | |

respite referral with description 9/25/08 - copy to YNHS Admin

3.3. REVIEW ADMISSION APPLICATIONS AND MAKE DECISIONS IN A TIMELY MANNER

YNHS Housing/ Respite Guidelines

Respond to requests from hospital discharge planners to assess patients within 24 hours of referral from hospital. If referral is made on weekend or holiday, respite assessment should be made on first working day after weekend or holiday.



3.4. ACCEPTS PATIENTS BASED ON ABILITY TO KEEP PATIENTS SAFE AND PROVIDE CARE, TREATMENT, AND SERVICES NEEDED BY THE PATIENT.

YNHS staff should notify hospital discharge immediately if we are not able to accept referral, and reason for denial (medical acuity and/or capacity).

YNHS does not provide Skilled Nursing or Home Health in the Respite units. If the resident qualifies, a Certified Home Health Provider will be ordered by the Primary Care Provider or Hospital Physician. Services can be provided by Home Health staff onsite in the YNHS respite facility if appropriate.

At any time a member of the respite team is unsure of the appropriateness of a referral to respite, the referral should be given to the program director, who should then review it with the YNHS Chief Medical Officer for a decision.



3.5. WHEN BEDS ARE UNAVAILABLE, WE PROVIDE REFERRING ORGANIZATION ESTIMATE OF AVAILABILITY WITH UPDATES PROVIDED AT PREDETERMINED INTERVALS.

YNHS Housing Guidelines

- YNHS staff should notify hospital discharge immediately if we are not able to accept referral, and reason for denial (medical acuity and/or capacity).
- Patients needing recuperative respite care for same day surgeries should be scheduled/coordinated with surgical staff in advance whenever possible.



3.6. IF PATIENT IS NOT ACCEPTED, REASON FOR DENYING ADMISSION IS DOCUMENTED AND EXPLAINED TO REFERRING ORGANIZATION

YNHS staff should notify hospital discharge immediately if we are not able to accept referral, and reason for denial (medical acuity and/or capacity).



3.7. MEDICAL RESPITE PROGRAM HAS DESIGNATED POINT OF CONTACT

Top of Respite Referral Form

Patient Name DOB



Yakima Neighborhood Health Services 12 South 8th St, PO Box 2605 Yakima WA 98907-2605 www.ynhs.org

<u>Hospital or Medical Provider – Referral of Homeless Person</u> <u>for Respite Housing:</u>

- 1. Contact YNHS Outreach at (509)249-6232 (Monday Friday) to identify if housing shelter is available (before completing this form).
- 2. Fax this Referral Form + Hospital Discharge patient instructions including H/P to Yakima Neighborhood Health 107 house at (509)249-2800.

Referring Medical Provider

| Provider Name: | | Soc.Serv Pager/Phone: | |
|----------------|---------------------|-----------------------|--|
| ŀ | lospital or Clinic: | Service: | |



3.8. POLICIES TO REDUCE BARRIERS TO ACCESS PROGRAMS RELATED TO TRANSPORTATION

Respite Checklist
Respited as part
is started as part
of Intake

| | | Neighborhood | Name: | | | | |
|---|--|---|--|--|--|--|--|
| | | THE ALTH | Entry Date: | | | | |
| | Respite Checklist | Yakima Neighborhood Health Services | HMIS#: | | | | |
| | Respite Grissians. | 12 South 8th St. PO Box 2605 Yakima WA 98907-2605 | Exit Date: | | | | |
| | | Phone (509) 454-4143 Fax (509) 823-4416 www.ynhs.org | EXIL Date | | | | |
| | Check and dat | te when completed: | | | | | |
| | n / / | Check for safe and stable environment (Uni | it #) | | | | |
| \ | | unit ready, food (B.L.D) clean, hygiene supplies vorking order. | | | | | |
|) | □// | Notify Outreach RN & Coordinator for Refer | rral review if not available consult | | | | |
| J | | Medical director or Nursing director | | | | | |
| | | □ Admitted □ Declined | | | | | |
| | Clients exit date | Reason for declining referral: | need | | | | |
| | | Outreach Nurse goes over prescribed med | | | | | |
| | | instructions with respite client | | | | | |
| | | North Control of the London Control of the Donate | 1 15 | | | | |
| | | YNHS housing intake application for Respite | e.shelter. | | | | |
| | | onsent for W.S.P. back ground check. It Intake and Assessment form | | | | | |
| | | plete HCH certification for YNHS | | | | | |
| | | te Sliding fee scale aplication and emergency | y contact inforamtion | | | | |
| | | rgency Assistance Referral | | | | | |
| | | t Assessment form | | | | | |
| | AZ. Self-Sufficiency Matrix (Do not enter in next Gen) | | | | | | |
| | Housi | ing Stability Plan/landlord tenant booklet | | | | | |
| | // | Consents for HMIS, DSHS, S.S. or other con | mmunity services provider | | | | |
| | // | YNHS Respite Care Resident Agreement sig | ned | | | | |
| | n / / | Coordinate meals (check for special diabeti | ic needs include in order). Call | | | | |
| | | People for people Food Services at 509-426 | | | | | |
| | | meals a day x 7). Pick up on Wednesday (1 | | | | | |
| | , , | Marin E.D. and individual or community | i-tmont / If | | | | |
| | / | Make E.R. medical follow up, or community YNHS/N.C is not the pcp get the appropriat | | | | | |
| | | TIVES/IV.C is not the pcp det the abbitobilat | e consent for HCI) | | | | |
| | /(| Coordinate transportation for patient (PFP o | or YNHS Outreach) | | | | |
| | п <i>II</i> | Assist client with obtaining Health care cov | | | | | |
| | | SNAP(Food stamps) and other possible ben | nefits. Apply for public or other | | | | |
| | | community housing programs. | | | | | |
| | /_/ | Obtain Proof of income examples: copy of L | DSHS henefit letter/ BVS. pav | | | | |
| | | stubs from employment or letter from Soci | | | | | |
| | | income for over 18yr. | or second control of | | | | |
| | | • | | | | | |
| | | | The state of the s | | | | |
| | | | RESPITE Checklist#003 | | | | |
| | | | IIII PEACON | | | | |
| | | Accredited by The Joint Commission Patient Centered Me | edical Home Level 3 | | | | |

3.9. ADEQUATE PROTOCOLS IN PLACE FOR TRANSFERRING PHI, AND INCLUDES PATIENT PRIVACY RIGHTS UNDER HIPAA

- YNHS Privacy Policies
- Hospital
 Agreement to
 Share PHI and
 Electronic
 Access

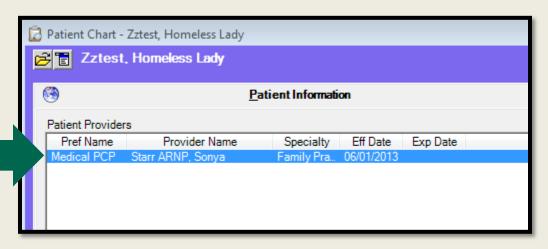
ARTICLE 1

Duties of Hospital, Clinic or Health Professional

- 1.1 Access to Information Systems. The Parties acknowledge that from time to time Hospital, Clinic or Health Professional may be provided access to specific YNHS information systems. When such access is provided the terms of this Agreement shall be applicable. Nothing in this Agreement shall be intended to guarantee access to any specific YNHS information systems. The Hospital and Provider agrees that it will use its access to YNHS information systems for the specific purpose of providing health services to YNHS patients, and /or patients shared between YNHS and the Hospital, Clinic or Health Professional.
- 1.2 Access to Patient Records. Hospital, Clinic or Health Professional agrees to only access patient records of which they have a direct patient care relationship. Accessing individual records of patients within YNHS's information systems of which Hospital, Clinic or Health Professional does not have a current, direct patient care relationship is strictly prohibited. Such prohibited access could result in removal of access privileges for specific individuals or entirely for Hospital, Clinic or Health Professional.
- **1.3** Confidentiality of Proprietary Information. Hospital, Clinic or Health Professional and YNHS agree that all Information of YNHS's that comes to Hospital, Clinic or Health Professional by way of its access to YNHS information systems is confidential or proprietary. This provision shall survive the termination of this Agreement.



3.10. RESPITE PROGRAM ENSURES THE PATIENT HAS AN ACCOUNTABLE PROVIDER AT ALL POINTS OF CARE TRANSITION



Role of the YNHS HCH / Respite Team

 The YNHS Respite team consists of a Registered Nurse, Behavioral Health Specialist, Health Educator, Case Manager, Outreach Worker, and Housing Specialist. This team works closely with the identified Primary Care Provider (PCP), or establishes a PCP when there is none, and the hospital discharge planners (when appropriate) to provide the appropriate level of oversight and care for the patient accepted into the respite program.



3.11. PATIENT REFERRED FROM A CLINICAL SETTING – DISCHARGE SUMMARY AND INFO IS REQUESTED

 Within 24 hours of admission to the Respite program, the YNHS health record is reconciled with external records (hospital or other facility), to include medications, allergies, problem list, discharge summaries, and other known histories





- 4. Hospital will provide 24/7 inpatient care for patients of Yakima Neighborhood Health Services. The following information will be provided to YNHS at admission and discharge:
 - a. Admission History & Physical Exams
 - b. Consults
 - c. Discharge Summaries



3.12. APPROPRIATE MEDICAL STAFF
RECONCILES MEDICATION OR VERIFIES
MED REC PERFORMED BY A REFERRING
PROVIDER UPON ADMISSION

Within 24 hours of admission to the Respite program, the YNHS health record is reconciled with external records (hospital or other facility), to include medications, allergies, problem list, discharge summaries, and other known histories



3.13. RESPITE PROGRAM STAFF REINFORCE REINFORCES DISCHARGE INSTRUCTIONS AND REASSESS PATIENT'S ABILITY TO FOLLOW INSTRUCTIONS

| | | Respite Checklist Yatama Natifibarhood 12 Soon B *P. a. p. Yatama Natifibarhood 12 Soon B *P. a. p. Yatama Natifibarhood Phase Office Check Check and date when completed: Dink ready, food (6,1,0) clean, hy working order. Notify Outreach RN & Coordin Medical director or Nursing dir | FINIS#: Exit Date: Fix (509) 833-4416 Exit Date: Fix (509) |
|-------------------|---|---|--|
| Clients exit date | | | cations and discharge |
| // | Outreach Nurse goes over prescribed medica instructions with respite client | ations and discharge | shelter. |
| | · | | contact information |
| | | u YNHS Respite Care Resident A | t booklet . or other community services provider |
| // | Make E.R. medical follow up, or community res YNHS/N.C is not the pcp get the appropriate co | | |
| | | community housing programs | possible benefits. Apply for public or other |

3.14. PROVIDE PATIENT WITH CONTACT INFO FOR COMMUNITY PROVIDERS INVOLVED IN CARE



| Vakima Neighborhood Yakima Neighborhood Health Services 12 Sowth 8" St, PD Box 2605 Yakima WA 98097-2605 Phone (50°) 455-4143 Fax (50°) 823-4416 WWW.ynsh.org RESPITE WELCOME To YNHS/Neighborhood Connections Respite shelter program Your expected exit date is | | | | | |
|---|--|--|--|--|--|
| IN CASE OF AN EMERGENCY CALL 911 | l | | | | |
| Your address location is 207 south 4th Si STOP AT THIS ADDRESS, DO NOT USE A | | | | | |
| If you are a patient of YNHS to make or con | nfirm an appointment call: | | | | |
| Yakima Neighborhood Health Services Neighborhood Connections Your primary care provider is | 509-454-4143 509-834-2098 Phone | | | | |
| If you have a medical problem and the clinic | c is closed: | | | | |
| A medical condition that can't wait Dial | 509-577-5172 | | | | |
| Maintenance problem: Michael | 509-426-0699 | | | | |
| Transportation through People for People: (Have your medical coupon available) | 509-248-6793 | | | | |
| Yakima Neighborhood Health Services Outr | reach Staff: | | | | |
| Eliel (Eli) 509-949-1937 Darlene 509-949-9677 Outreach Nurse Jean 509-949-9685 | | | | | |
| Annette Rodriguez. 509-949-9122 | Homeless Services Director | | | | |
| Accredited by The Joint Commission | RESPITE Welcome #001 Patient Centered Medical Home Level 3 | | | | |

STANDARD 3 – JWCH INSTITUTE

NATIONAL
HEALTH CARE
for the
HOMELESS
COUNCIL

Standard 4:
Medical Respite
Program
Administers High
Quality Post-Acute
Clinical Care



4.1. FORMAL CONTRACT IS IN PLACE FOR OFF-SITE CLINICAL CARE.

- Most care provided by our CHC
- Coordination of care documented when PCP is a community provider
 - → Consent for Care signed by Patient to share PHI on Respite Checklist

____/____ Consents for HMIS, DSHS, S.S. or other community services provider



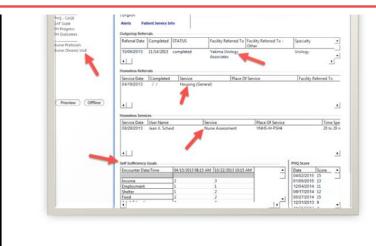
4.2. A MEDICAL RECORD IS MAINTAINED FOR EACH PATIENT

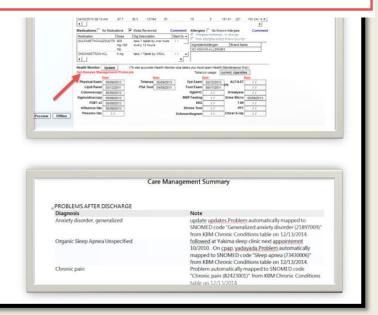
YNHS Housing/ Respite Guidelines

All encounters by respite staff are documented in Electronic Health Record.

All encounters by primary care providers are document decord.

All activity regarding respite patients should be documented in YNHS Electronic Health Records system to provide maximum integration for all YNHS providers and support staff.



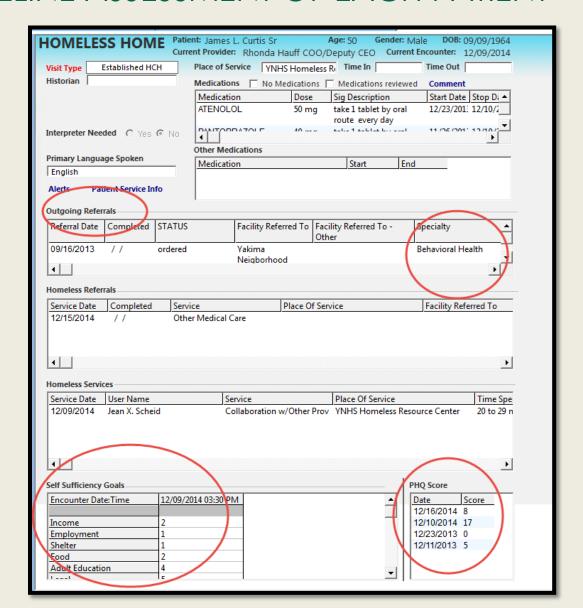




4.3. APPROPRIATE STAFF CONDUCT A BASELINE ASSESSMENT OF EACH PATIENT

| Tracking | Nurse Documentation | | Age: 50 Years | Sex: Male | |
|-----------------|--|--|------------------------------|------------------------------|---------------------|
| Navigation | Screening Summary Ad | | | ring MD PCP Info | Currently Pregnant? |
| Navigation | | | udiometry Exam Visio | n Screening | C yes C no |
| | Vital Signs III Unable to obtain | Refused | I I I | I I Ia | C possibly |
| | 12/11/2014 11:38 AM | D BP Pulse Rhythm 168/94 90 regular | | Wt Lb Wt Kg Co | not asked |
| | 1 | rodro o rogana | 1.0 | • | |
| | | | | _ | |
| | | | | | |
| | Allergies No known allergies Allergies reviewed, no change C New aller | rgies added this encounter | Add Allergy | Allergy Comment | |
| | Ingredient/Allergen Brand | Reaction | | | |
| | NO KNOWN DRUG | | | | |
| | ALLERGIES | 1 | | | |
| | Medications No medications | Medication Review | Me | dication Comment | |
| | Medication | Dose Sig Descript | | Date Stopped A | |
| | NAPROXEN | 500 mg take 1 tablet | by oral route 12/10/2014 | 11 | |
| | | 2 times ever | y day with | | |
| | 1 | 1 | | • | |
| | Office Labs Add Order Result | All labs ordered tills | | Urinalysis History | |
| | Status Lab Order | CPT Interpretation V | 'alue | | |
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| | | riate age group immunization to | | | |
| | Status Date Ordered Timeframe | anage all immunization orders., Order | All Offic | e Services Orders Order Type | |
| | Status Date Ordered Timerrame | Order | CFI | Order Type | |
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| | | | | Drint Deferral | |
| | Diagnostic Studies / Orders to be Schedu Status Order | | · | | |
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| | Referrals (Highlight row to print referral) | | | Print Referral | |

4.3. APPROPRIATE STAFF CONDUCT A BASELINE ASSESSMENT OF EACH PATIENT



4.3. APPROPRIATE STAFF CONDUCT A BASELINE ASSESSMENT OF EACH PATIENT

Vital Signs Height Date Last Measured % Time cm Method 12/23/2013 2:12 PM 12/23/2013 measured Weight / BSA / BMI Date context BMI kg/m2 BSA m2 Time 0Z kq 12/23/2013 2:12 PM 142 dressed with shoes 24.37 Blood Pressure Date Bp mm/hq Position Method Cuff Size Time Side Site 2:12 PM 12/23/2013 160/90 sitting left automatic adult Temp / Pulse / Respiration Temp C Temp Site Pulse/min Date Time Temp F Pattern Resp/min 2:12 PM 12/23/2013 Pulse Ox / FiO2 Date Time Pulse Ox Rest % Pulse Ox Amb % Timing FiO2 L/min Delivery Method 2:12 PM 12/23/2013 Pain Scale Date Time Pain Score Method HAQ Score 12/23/2013 2:12 PM 0/10



4.4. INDIVIDUALIZED CARE PLAN IS DEVELOPED FOR EACH PATIENT, SPECIFYING TREATMENTS, DESIRED OUTCOMES OR GOALS & DISCHARGE INDICATORS

Patient Plan
describes the
describes Care
Individual Care
Plan and Goals
Plan and Goals

Thank you for choosing us for your healthcare needs. The following is a summary of the outcome of today's visit and other instructions and information we hope you find helpful. Assessment/ Plan Schizoaffective disorder, unspecified (295.70), Chronic. Pt seen once by me in September, has since seen Ms. Gray - has not yet been seen by mental health I am not comfortable continuing to provide clonazepam to pt until he is evaluated by behavioral health Peg Davenport was consulted and spoke with pt while he was in the clinic and he left when told he would not be receiving a refill on the clonazepam. Will continue to provided rx for Saphis in the short-term in hopes of connecting pt with BHS Recommend f/u in one month but pt left before being scheduled Hypertension, unspec. (401.9), Uncontrolled. BP is above goal of < 140/90 restart atenolol and work on low sodium diet Recheck RP in one month Tobacco use disorder (305.1), Chronic. Great job on cutting down, keep working on it Needs review of other preventative services at f/u appt. Medications Dose Sig Description
40 Mg take 1 tablet by oral route every day Brand Name Comments Hydroxyzine Pamoate 50 Mg take 1 capsule by oral route 4 times every day 10 Mg place 2 Tablet by sublingual route every bedtime under the tongue and allow to dissolve 50 Mg take 1 tablet by oral route every day Office Procedures Status Reason Interpretation Value Diet plan includes low sodium completed completed Discussed risk/benefits/side effects of treatment Instructions / Education Reason Tobacco cessation counseling completed Patient understood and made informed decision completed completed Reviewed medications completed Take new medication as prescribed completed Medication side effects Risks/ benefits of treatment plan completed completed Symptom management To be scheduled/ordered Status Order completed Office visit Assessment Timeframe Appointment Assess response to treatment 295.70 12/23/2013 -today completed Office visit Follow-up on medication 4019 12/23/2013 -today ordered office visit blood pressure check 4101 1 Month scheduled Office visit 12/23/2013 Schedule follow-up visit 401.9 1 Month Follow-up Assessment Follow-up Reason Timeframe Comments Assess response to treatment Office visit Follow-up on medication office visit blood pressure check Schedule follow-up visit in 1 Month Office visit

4.4. INDIVIDUALIZED CARE PLAN IS DEVELOPED FOR EACH PATIENT, SPECIFYING TREATMENTS, DESIRED OUTCOMES OR GOALS & DISCHARGE INDICATORS

| Service Date: Staff ID: | Patient ID: DOB: Gender: | |
|--|---|--|
| 04/07/2015 Rhonda D. | Hauff 000000040418 01/01/1987 F Print Case Conf Doc | |
| Case Conference Participants | | |
| Case | Annette D Rodriquez | |
| Community Health Worker | | |
| Counselor / | Pedav J Davenbort | |
| Dental Personnel | | |
| Eligibility/Financial Worker | | |
| Health Educator | | |
| Interpreter Health Promoter | | |
| Medical Assisant | | |
| Midwife | | |
| Nuise (RN, LPN) | Jean X Scheid | |
| Nutritionist | | |
| Outreach Worker | Frank x Navarro | |
| Pharmacist | | |
| Physician (MD or DO) | | |
| Physican's Assistant / ARNP | Nancy D Schwarzkopf | |
| Psychologist | | |
| Social Worker | | |
| Other | | |
| Case Conference Plan | | |
| accepted at Bridges. Is willi and nursing support availab | Is support until treatment available ineed; coverage through Medicaid before she can be ingited stay in respite and will check on daily and provide daily checks until bed is available. BH ole, PCP agrees patient is stable enough to be left independently and would be better in respite that of follow up with Medicaid application, contact Comprehensive Mental Health. | |

4.5. EACH PROGRAM PARTICIPANT UNDERSTANDS THE ROLE OF MEDICAL RESPITE CARE AND HELPS TO INFORM HIS/HER INDIVIDUALIZED CARE PLAN

YNHS Respite Care Resident Agreement



Yakima Neighborhood He alth Services 12 South 8th St, PO Box 2605 Yakima WA 98907-2605 Phone (509) 454-4143 Fax (509) 454-3651 www.ynhs.org

| Name: | |
|-------------|--------------|
| Entry Date: | |
| HMIS #: | |
| Exit Date: | - |

| Client Name | Unit # | Date |
|-------------|--------|------|
|-------------|--------|------|

Everyone who participates in our program is responsible for promoting and maintaining a safe and respectful environment. Every client, staff member, visitor, and volunteer can expect to be treated respectfully and feel safe.

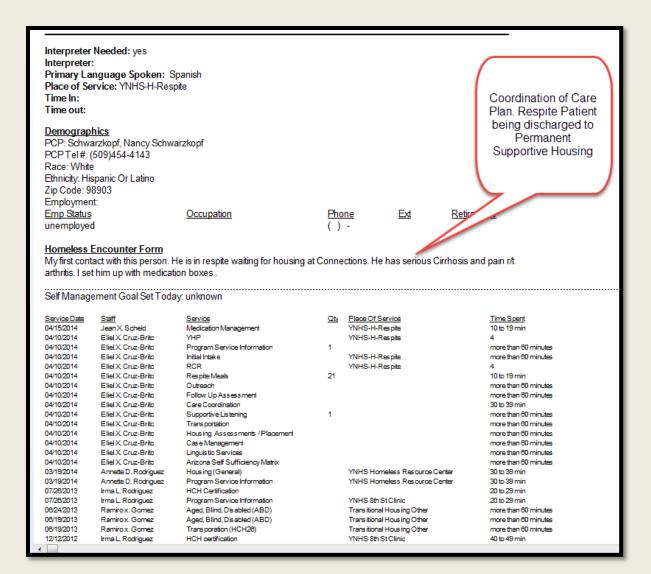
As a resident of the Respite program, I understand:

- I am staying here on a short-term basis, to help with my health care recovery. I understand part of my
 recovery involves meeting daily with the YNHS health care team to develop a housing stability plan that will
 include health care goals for my recovery. I understand my space will be available for me 24 hours a day
 during my stay.
- I understand my length of stay at Respite will be determined by my need for recuperation and health care oversight. The health care team will work with my primary care provider to determine the most appropriate time for me to leave the respite program.
- YNHS will try and help me find a housing destination once I leave the respite program. I understand I might not have a housing solution when it is time for me to leave the respite program.

4.6. CLINICAL ENCOUNTERS ARE CONDUCTED BASED ON CARE PLANS / CHANGES IN CONDITIONS

| HighEdit | | | | | |
|--------------------------|--|--|-----|----------------------------|------------------------------|
| 03/28/2013 | Jean X Scheid | Nurse Assessment | 61 | YNHS-H-Respite | 10 to 19 min |
| 03/28/2013 | Jean X. Scheid | Nurse Assessment Hypertension Screen | | YNHS-H-Respite | 10 to 19 min |
| 03/26/2013 | Jean X. Scheid | | | YNHS Reside Care | 10 to 19 min |
| 03/20/2013 | Jean X. Scheid | Supportive Listening | | TNHS Resipile Care | 10 to 19 min |
| | | Supportive Listening | | YNHS Respite Care | |
| 03/20/2013 | Jean X Scheid | Hypertension Screen | | | 10 to 19 min |
| 03/19/2013 | Jean X Scheid | Hypertension Screen | | YNHS Respite Care | 10 to 19 min |
| 03/14/2013 | Stephanie E. Black | Care Coordination | | YNHS Respite Care | 5 to 9 min |
| 03/14/2013 | Stephanie E. Black | Supportive Listening | | YNHS Respite Care | 5 to 9 min |
| 03/14/2013 | Jean X Scheid | Hypertension Screen | | YNHS Respite Care | 10 to 19 min |
| 03/13/2013 03/13/2013 | Eliel X Cruz-Brito Eliel X Cruz-Brito | Respite Meals Arizona Self Sufficiency Matrix | 21 | | 10 to 19 min up to 60 min |
| 03/13/2013 | Eliel X. Cruz-Brito | Program Service Information | 1 | | more than 60 minutes |
| 03/13/2013 | Jean X. Scheid | Transporation (HCH28) | | YNHS Respite Care | up to 60 min |
| 03/13/2013 | Eliel X Cruz-Brito | Supportive Listening | 1 | | more than 60 minutes |
| 03/13/2013 | Jean X Scheid | Medication | | | up to 60 min |
| 03/13/2013 | Eliel X Cruz-Brito | RCR | 0 | YNHS Respite Care | 0 |
| 03/13/2013 | Jean X Scheid | Screeining for Respite | | Selah Con. | 20 to 29 min |
| 03/13/2013 | Eliel X Cruz-Brito | Initial Intake | | YNHS Respite Care | more than 60 minutes |
| 03/05/2013 | Stephanie E. Black | Supportive Listening | | Selah Conv. | 20 to 29 min |
| 02/28/2013 | Jean X Scheid | Welfare Check | | Selah Convel. | 20 to 29 min |
| 02/28/2013 | Stephanie E. Black | Supportive Listening | | Transitional Housing Other | 10 to 19 min |
| 02/27/2013 | Jean X Scheid | Screening | | Selah convel. | 40 to 49 min |
| 02/26/2013 | Stephanie E. Black | Supportive Listening | | Transitional Housing Other | 10 to 19 min |
| 02/21/2013 | Eliel X Cruz-Brito | Supportive Listening | 1 | Selah Convalens ent Center | 10 to 19 min |
| 02/21/2013 | Eliel X Cruz-Brito | Care Coordination | | | 5 to 9 min |
| 02/19/2013 | Jean X Scheid | Welfare Check | | YVMH | 10 to 19 min |
| 02/19/2013 | Stephanie E. Black | Care Coordination | | Memorial Hospital | 10 to 19 min |
| 02/15/2013 | Eliel X. Cruz-Brito | Care Coordination, Care Coordination | | YVMH | 10 to 19 min |
| 02/15/2013 | Eliel X. Cruz-Brito | Supportive Listening | 2 | | more than 60 minutes |
| 02/13/2013 | Eliel X Cruz-Brito | Program Service Information | | | 30 to 39 min |
| 02/13/2013 | Jean X Scheid | Nurse Assessment | | YNHS Respite Care | 20 to 29 min |
| 02/13/2013 | Eliel X. Cruz-Brito | Trans poration (HCH26) | | | more than 60 minutes |
| 02/13/2013 | Eliel X. Cruz-Brita | Supportive Listening | | | more than 60 minutes |
| 02/13/2013 | Jean X Scheid | Hypertens ion Screen | | YNHS Respite Care | 20 to 29 min |
| 02/13/2013 | Eliel X Cruz-Brito | Welfare Check | | | 5to 9 min |
| 02/13/2013 | Eliel X Cruz-Brito | Advocacy, Care Coordination | | | more than 60 minutes |
| 02/13/2013 | Eliel X Cruz-Brito | Respite Meals | 21 | YNHS Resignite Care | 10 to 19 min |
| 02/12/2013 | Eliel X Cruz-Brito | Welfare Check | 1 | YNHS Respite Care | 5to9min |
| 02/12/2013 | Eliel X Cruz-Brito | Program Service Information | 1 | | more than 60 minutes |
| 02/12/2013 | Eliel X Cruz-Brito | Supportive Listening | 1 | | more than 60 minutes |
| 02/12/2013 | Eliel X Cruz-Brito | Advocacy, Care Coordination | 50. | | more than 60 minutes |
| 02/12/2013 | Eliel X Cruz-Brito | Trans poration (HCH26) | | | more than 60 minutes |
| 01/29/2013 | Eliel X Cruz-Brito | Program Service Information | | | 10 to 19 min |
| 01/29/2013 | Eliel X Cruz-Brito | Supportive Listening | | YNHS Respite Care | 30 to 39 min |
| 01/29/2013 | Eliel X Cruz-Brito | Transporation (HCH28) | | | more than 60 minutes |
| 01/29/2013 | Eliel X Cruz-Brito | Welfare Check | 1 | | 5to9min |
| 01/24/2013 | Jean X Scheid | Nurse Assessment | | YNHS Respite Care | 50 to 59 min |
| 01/24/2013 | Annette D. Rodriguez | Initial Intake | | YNHS-H-Respite | 30 to 39 min |
| 01/24/2013 | Stephanie E. Black | Arizona Self Sufficiency Matrix | | YNHS Respite Care | more than 60 minutes |
| 01/24/2013 | Stephanie E. Black | Application Assistance | | YNHS Respite Care | more than 60 minutes |
| 01/24/2013 | Stephanie E. Black | Program Service Information | | YNHS Respite Care | more than 60 minutes |
| 01/24/2013 | Jean X Scheid | Transporation (HCH28) | | YVMH | 50 to 59 min |
| 01/24/2013 | Annette D. Rodriguez | Initial Intake | | YNHS-H-Respite | 30 to 39 min |
| 01/24/2013 | Jean X Scheid | Screening | | YVMH | 30 to 39 min |

4.6. CLINICAL ENCOUNTERS ARE CONDUCTED BASED ON CARE PLANS / CHANGES IN CONDITIONS



4.6. INTENDED FREQUENCY



I am staying here on a short-term basis, to help with my health care recovery. I understand part of my
recovery involves meeting daily with the YNHS health care team to develop a housing stability plan that will
include health care goals for my recovery. I understand my space will be available for me 24 hours a day
during my stay.



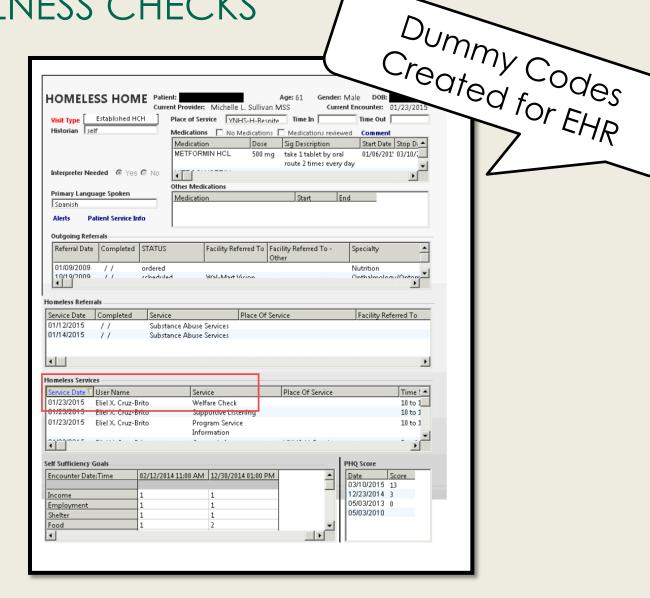
4.7. PATIENTS RECEIVE DAILY WELLNESS CHECKS

Posted on Back of Door and Noted Each Visit

| Yakima Neighborhood Health Services Housing/Shelter programs (Respite) HMIS # | | | | | | | |
|--|--|---------|---------------|---------------------|--|--|--|
| Name | | | D.O.B. | Move in date: | | | |
| (Last) Name | | (First) | (M.L.) | Address | | | |
| (Last) | | (First) | (M.L.) | | | | |
| Contact at home | | message | Contact flame | Move out/exit date: | | | |
| Date/Time Type of Contact | | | Progress No | otes | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |



4.7. PATIENTS RECEIVE DAILY WELLNESS CHECKS



4.7. PATIENTS RECEIVE DAILY WELLNESS CHECKS

Posted on Back of Door – Weekends Providers are Available On-Call



Yakima Neighborhood Health Services 12 South 8th St, PO Box 2605 Yakima WA 98907-2605 Phone (509) 454-4143 Fax (509) 823-4416

RESPITE WELCOME

To YNHS/Neighborhood Connections Respite shelter program Your expected exit date is _____

IN CASE OF AN EMERGENCY CALL 911

Your address location is **207 south 4th Street #___** (MAIL DOES NOT STOP AT THIS ADDRESS, DO NOT USE AS A MAILING ADDRESS).

If you are a patient of YNHS to make or confirm an appointment call:

Yakima Neighborhood Health Services Neighborhood Connections

509-454-4143 509-834-2098

Your primary care provider is Phone

If you have a medical problem and the clinic is closed:

A medical condition that can't wait Dial

509-577-5172

Maintenance problem: Michael

509-426-0699

Transportation through People for People: 509-248-6793

(Have your medical coupon available)

Yakima Neighborhood Health Services Outreach Staff:

Eliel (Eli) 509-949-1937 Darlene 509-949-9677

Outreach Nurse Jean 509-949-9685

Annette Rodriguez, 509-949-9122

Homeless Services Director

RESPITE Welcome #001



(NCQA

Patient Centered Medical Home Level 3

4.8. EVIDENCE BASED CLINICAL PRACTICE GUIDELINES FOR ADMITTING CONDITION

Sample from YNHS Care Guidelines of EBP Could also use Screen Shot from EHR

YAKIMA NEIGHBORHOOD HEALTH SERVICES GUIDELINES FOR CERVICAL CANCER SCREENING

Purpose:

The Pap test is the main screening test for cervical cancer. It is used primarily to detect pre-malignant lesions of the cervix; however, pre-invasive and invasive cervical cancers are also detected by cytological screening. The following guidelines are intended to provide information on the appropriate utilization of the Pap test and the subsequent medical decision-making involved after the Pap smear has been interpreted.

Risk Factors for Cervical Cancer

The risks for cervical cancer are related to sexual activity and include:

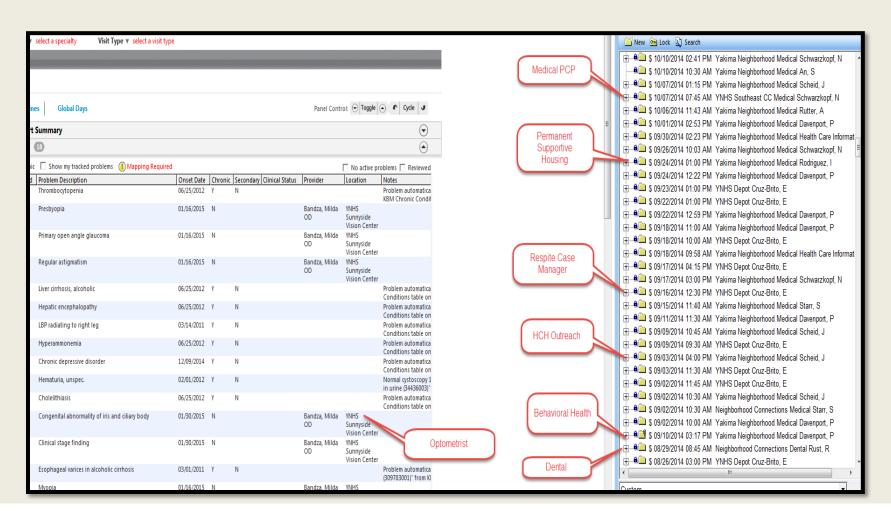
- multiple sexual partners
- early onset of intercourse
- infection with human papilloma virus (HPV) or other sexually transmitted diseases (STD)
- · infection with HIV or other immunosuppressed state
- history of other cancers of the lower genital tract

Other risk factors include smoking and low socioeconomic status. Protective factors include the use of barrier methods of contraception and spermicides.

Scope of Screening

It is recommended that cervical cancer screening begin at the age of 21. Screening should occur according to recommended guidelines. (http://www.asccp.org/Guidelines, http://www.asccp.org/Guidelines,

4.9. ALL DISCIPLINES SHARE THE SAME EHR





QUESTIONS

- Rhonda Hauff, COO / Deputy CEO
- rhonda.hauff@ynhs.org
- Yakima Neighborhood Health Services
- Yakima, WA

