## SEVERE WEATHER SURVIVAL TIPS

How to stay safe during a tornado when you live outdoors

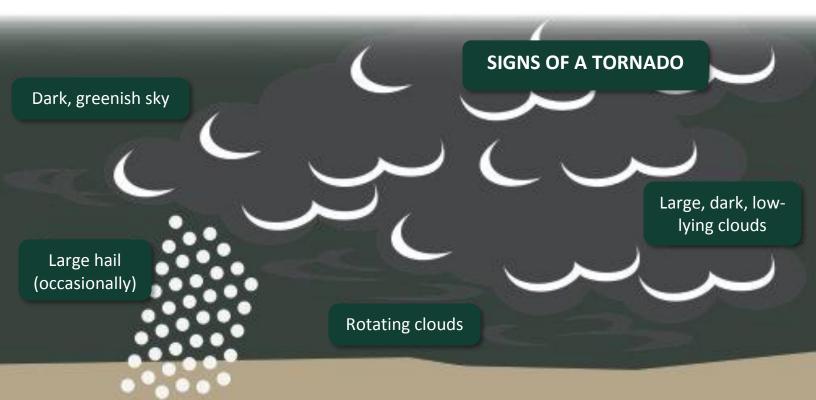
WHAT WILL YOU DO IN SEVERE WEATHER?

## THE BEST THING TO DO IS FIND SHELTER

- Go to the closest public building.
- Stay on the lowest level (a basement is best, especially in abandoned buildings).
- Go to the center of the room, away from any windows, doors, and corners.
- Get under a sturdy table and use your arms to protect your head and neck.

## IF YOU CAN'T GET TO SHELTER

- Lie flat in a nearby ditch or depression and cover your head with your hands. Don't get in a ditch if is near water, because it could flood.
- Do NOT get under an overpass or bridge—these become wind tunnels, and you can be sucked out.
- Stay out of cars, trucks, and other vehicles.
- Watch out for flying debris.



## REMEMBER

- Tornado winds can reach 300 miles per hour.
- Every state is at some risk of tornadoes.
- Occasionally, tornadoes develop so quickly that little, if any, warning is possible.
- Before a tornado hits, the wind may die down and the air may become very still.

NATIONAL HEALTH CARE for the HOMELESS COUNCIL

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