



Critical Time Intervention (CTI) Implementation: A Case Study

Jeff Olivet, Rachael Kenney, & Melissa Martin

Partners:
Center for Urban
Community Services;
Columbia University

Funding provided by:
National Institute of Mental Health



Center for
Social Innovation

Translating Research, Transforming Human Services



**CTI is:
Time Limited**





Focused



3 Phases

Fort Washington Armory Men's Shelter, 1992





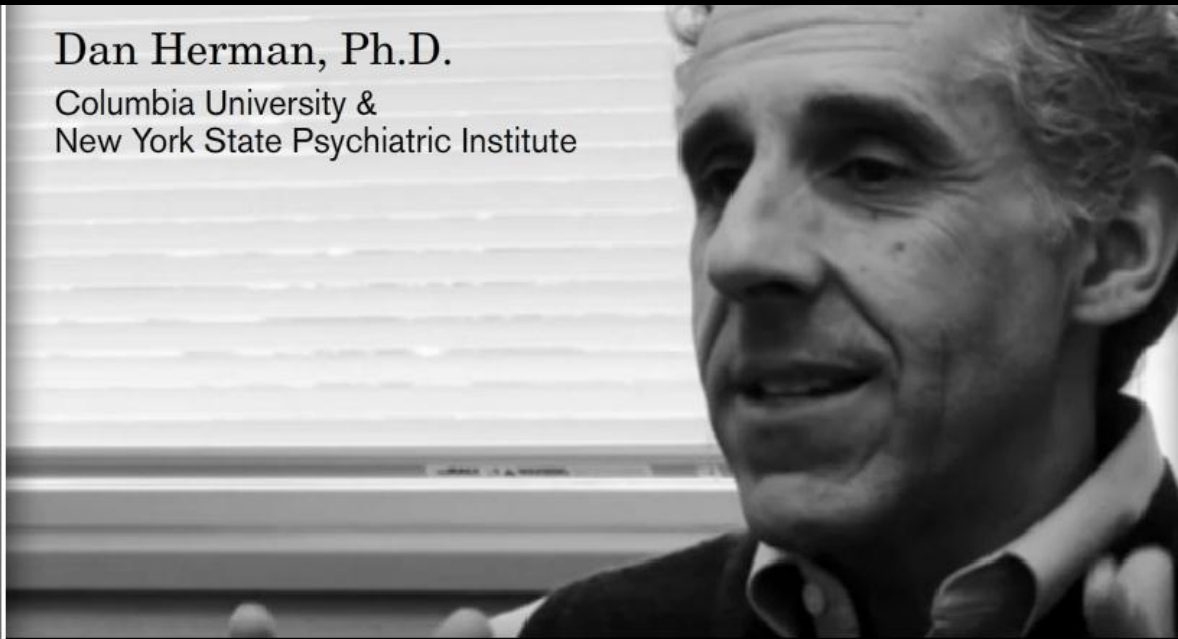
A CENTRAL PROBLEM

Lack of support during **critical times of transition** to the community often results in recurrent homelessness.



CTI is designed to bridge the gap between homeless specific services and community supports.

Dan Herman, Ph.D.
Columbia University &
New York State Psychiatric Institute



Dan Herman, Ph.D., discusses ongoing support.

Principles of CTI

The background of the slide features a sunset or sunrise scene. The sky is filled with large, dark clouds, and the sun is visible on the right side, creating a bright, golden glow. In the foreground, the silhouettes of two people are visible, sitting on a dark, elevated surface like a hill or cliff. One person is on the left, and the other is on the right, both facing each other. The overall mood is contemplative and serene.

CTI strives to have the client live in the least restrictive environment possible, but **with the maximum amount of support.**



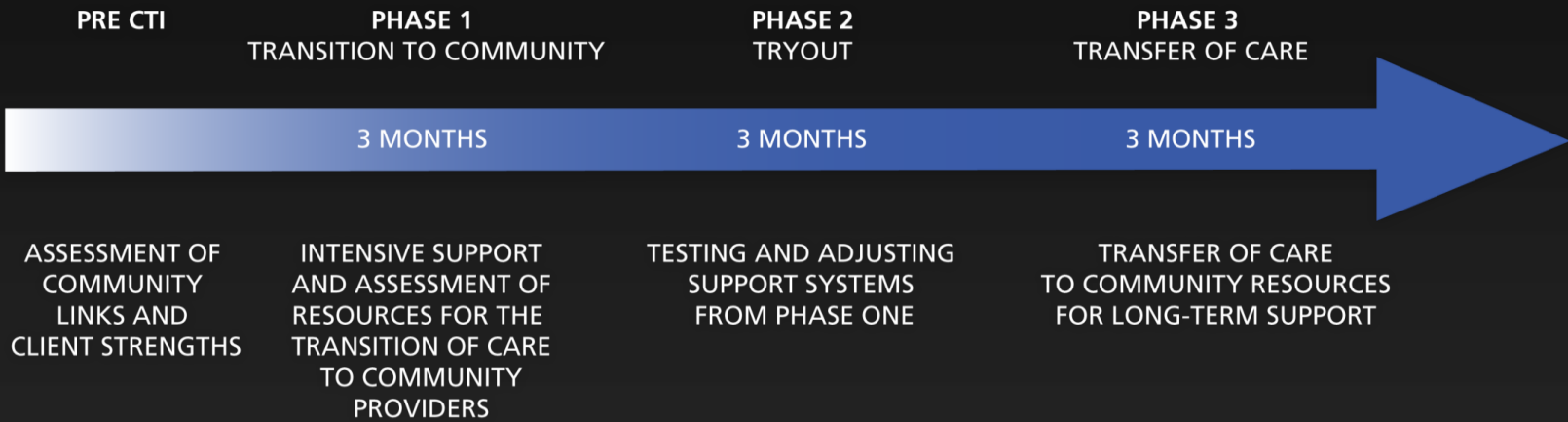
Alan Felix, M.D., discusses recovery.

CTI in the Field



A close-up photograph of a clock face. The clock has a white dial with black Roman numerals. A decorative gold-colored hand with three circular joints is positioned at approximately the 1:50 mark. The clock is set within a dark, ornate wooden frame with a scalloped edge. The lighting is soft, highlighting the texture of the wood and the metallic sheen of the hand.

Phases of CTI



Areas of Intervention



mental health

money management

substance use

housing

life skills

family support

THE CTI TEAM



Teamwork





THE COMMUNITY

Dan Herman, Ph.D.

Columbia University &
New York State Psychiatric Institute



Dan Herman, Ph.D., discusses community supports.



Dissemination & Implementation of CTI

Face-to-Face Trainings:

8 hours: course instruction
over 1.5 days

8 hours: team assignments
after the training

8 hours: telephone
consultations
(instructor + team
members)

Total: 24 hours



Online
(With Community
Of Practice Support)

3 hours/week over 8 weeks:

**1 hr/week: Instructor-Led
Webcast**

**1 hr/week: Training Module
(Self-Directed)**

1 hr/week: Team Assignment

Total: 24 hours



Meeting CTI Module 2 Webcast - Adobe Connect

Video Start My Webcam

Module 2 Presentation Stop Sharing Full Screen

Module 2 Webcast

1 / 15 46% Sync

Chat (Everyone)

Melissa Martin: Welcome to the module 2 webcast. V 3:00 Eastern Time.

Carlos Gonzalez: Hello everyone.

Tyler Ragan: Hello, hope everyone's first paper went.

Melissa Martin: Hi Cascadia - Great to see you on cam

JudithClark: Hello everyone

Susan Markey is typing...

Everyone

t³ think • teach • transform

MODULE 1 | CTI: The Basics Side 2 of 10

Case Study: Argus Town

X Exit ◀ Contents ⏪ Back ▶ Next ⏩ End ▶ Play ⏸ Pause 00:26/01:26 CC Captions 🔊 Volume

Agencies in the study

Reliable Enterprises
203 W. Reynolds Ave.
Centralia, WA 98531

The Mustard Seed
7025 44th St SE
Calgary, AB T2C 4E8

Pioneer Health
890 North Cole Road
Boise, ID 83704

Homefull
1133 S Edwin C Moses Blvd #306
Dayton, Ohio 45417

Family and Community
Service of Delaware County
600 North Olive Street
Media, PA 19063

Victory Programs, Inc.
965 Massachusetts Ave
Roxbury, MA 02118-2613

Immaculate Conception
Shelter & Housing Corp.
PO Box 260299
168 Hungerford Street
Hartford CT 06126-0669

Faith Mission
315 East Long Street
Columbus, OH 43215

Cascadia Behavioral Healthcare
847 NE 19th Avenue Suite 150
Portland, OR 97232

Aurora Mental Health Center
11059 East Bethany Drive, Suite 200
Aurora, CO 80014

Mental Health Centers
of Central Illinois
710 N 8th Street
Springfield, IL 62702

Save the Family
450 W. 4th Place
Mesa, AZ 85201

New Haven Home Recovery
153 East Street
New Haven, CT 06511-5916

Institute for Community Living, Inc.
40 Rector Street, 8th Floor
New York, NY 10006

Face-to-Face Training

Greater Cincinnati Behavioral
Health Services
1501 Madison Road
Cincinnati, OH 45206

Wake Forest Baptist
Medical Center
725 N Highland Ave
Winston-Salem NC
27101

Commission on Economic Opportunity
P.O. Box 1127
165 Amber Lane
Wilkes-Barre, PA 18703-1127

Online Training

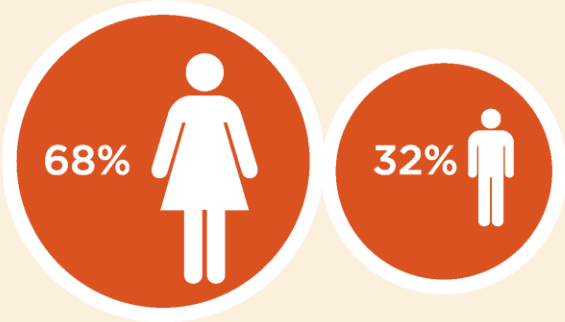
Volunteers of America GNO
823 Carroll Street,
Mandeville, Louisiana 70448

AltaPointe Health Systems, Inc.
5750-A Southland Drive
Mobile, AL 36693

Provider Characteristics

Online (n=71)

Face-to-Face (n=94)

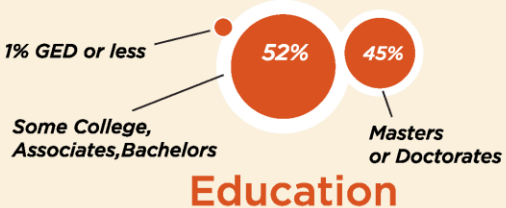
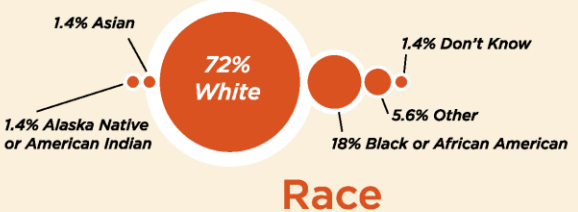
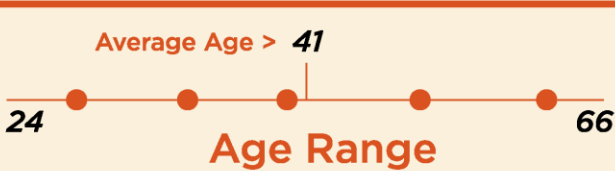


Median Experience in Human Services:
11 Years

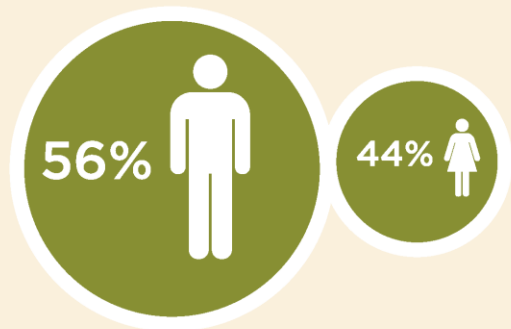
Previous Participation in EBP Training
58%

Used EBPs in workplace
58%

Previous attendance at CTI Training and/or participation on CTI team
13%



Client Characteristics n=348



51%

White/Caucasian

41.7%

have a substance use disorder documented by a licensed or unlicensed clinician

16%

of all clients have Alcohol disorder

16.4%

have a felony or felonies on record

31.9%

are chronically homeless



59.7%

have a mental illness documented by a licensed or unlicensed clinician

33%

of all clients have affective disorder

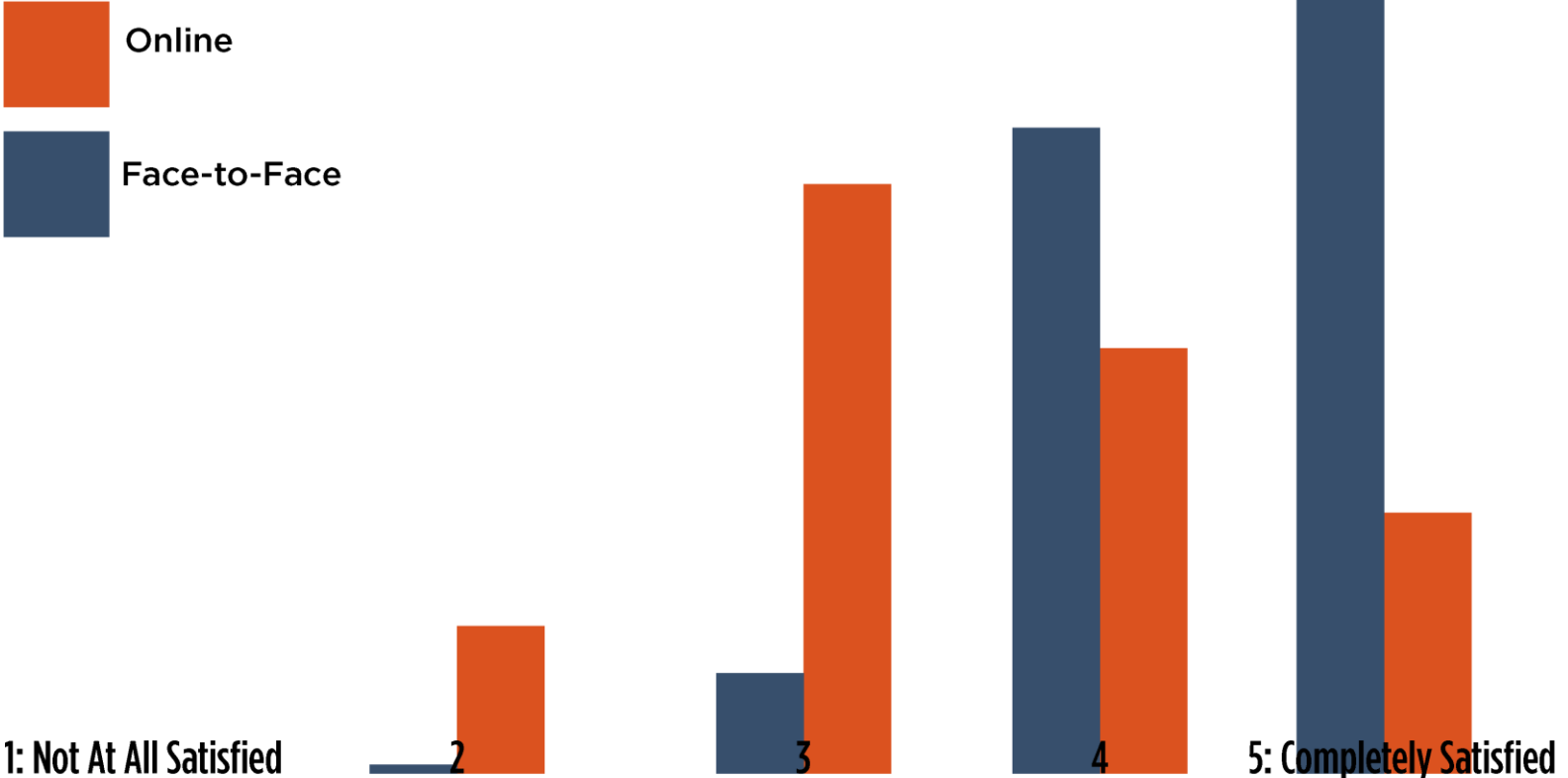
11%

of all clients have schizoaffective disorder

Research Aim:

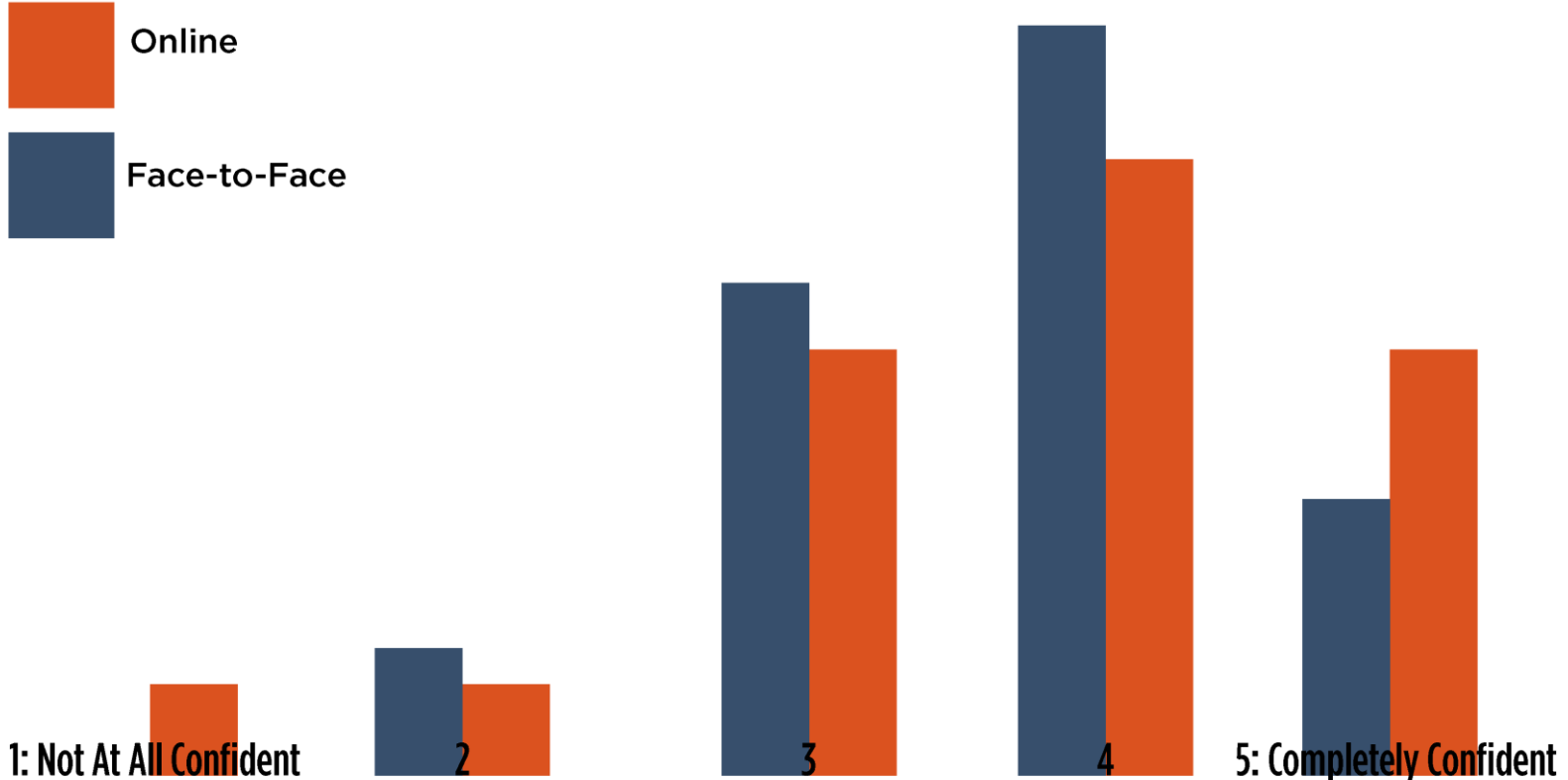
Compare and contrast two training modalities on the implementation of and fidelity to the CTI model over time

Satisfaction by Intervention



Confidence to Implement by Intervention

(Mean scores on confidence scale: 1=not at all confident - 5=extremely confident)

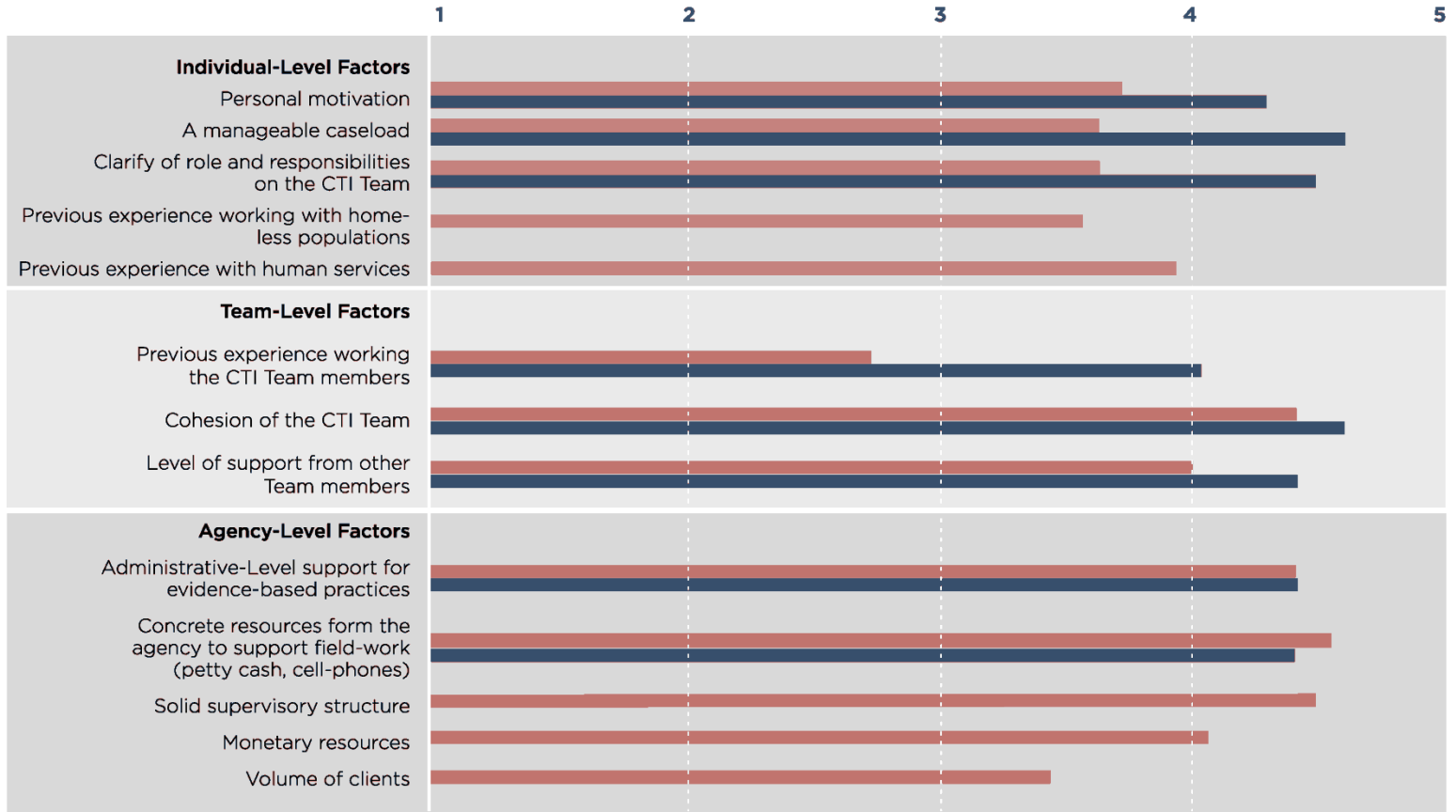


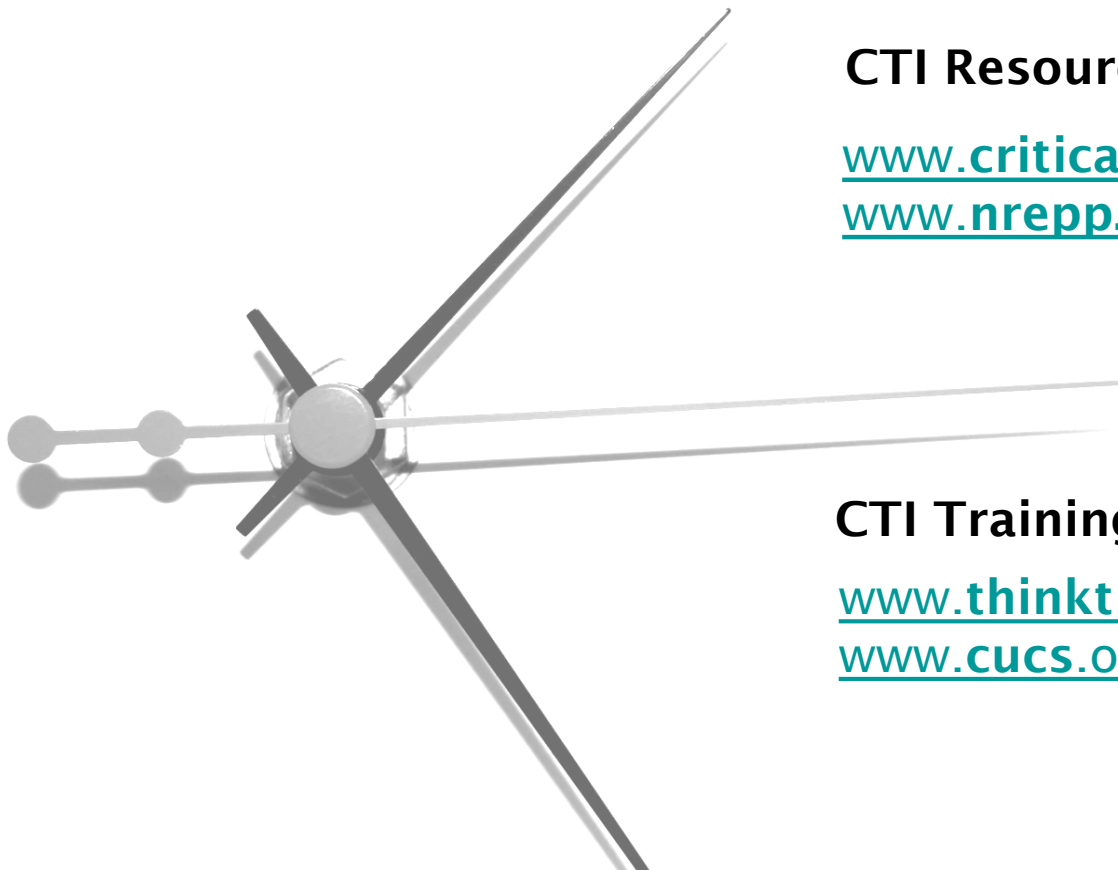
FACTORS AFFECTING IMPLEMENTATION

(Means on scale ranging from 1=not at all important to 5=extremely important)

Trainer/Expert

Participant





CTI Resources

www.criticaltime.org

www.nrepp.samhsa.gov

CTI Training

www.thinkt3.com

www.cucs.org



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